



# Coyote Howler

## PTSA PRESIDENT'S MESSAGE

It's been a great beginning to the school year and I hope all the students have gotten back into a great routine despite the missing late summer weather that helps to make the transition easier.

I want to thank the community for your continued passion and support of the school through your support of the PTSA. Hopefully everyone has found the revised website and the new online "First Day Packet" process to be an easy one and a huge improvement to previous years where there were mounds of paperwork to sort through and complete. We don't have everything online yet, but we are working on it! It is an enormous amount of work, but implementing these processes online creates a win-win for everyone as we reduce paperwork and repetitive completion of information, and at the same time, we significantly increase the accuracy of our information. Although we encouraged quick response to completing this information online, if you haven't done so yet, please do it right away at [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org). You'll be glad you did!!

As you've probably noticed, in an effort to consolidate information we have joined forces with the school for weekly communications with the new Coyote Connection. In the "Connection", you'll find current information that is relevant to both school and PTSA activities. We will continue to publish our monthly Howler at the beginning of each month with more detailed articles, so don't forget to check our "News" link on our website to ensure you stay up-to-date on all the many ongoing PTSA activities. In addition, when you go to the website, you'll see key announcements on the front page to keep you "in the know"!

Speaking of staying up-to-date, people are often surprised to hear of the many school programs and events that are funded by the PTSA so I try to communicate often about this. Here are just a *sampling* of programs the PTSA is proud to support: Arts & Sciences Enrichment and Teacher Grants where the teachers, individually, and at grade levels, determine how to best spend their allotment to expand and enrich our kids' learning opportunities; expanded reading and drama programs; Reflections; Destination Imagination; Science Fair; Eager Reader; Caring Through Sharing; Festival of Cultures; Fine Arts Night; Safety Patrol, Math Olympiad; Spelling Bee, and Dad's Day on the Playground.

Finally, we are just a couple of weeks away from our only major fundraising event of the year, our Walkathon and Fall Festival, this year called the "Wild West Stampede". If you haven't already, please mark your calendar for October 15<sup>th</sup> right after school. Our committee is hard at work pulling together an exciting event, and you will see some of our typical entertaining activities that have become a mainstay for our Walkathon, a country barbeque, and some new and exciting surprises!! The Walkathon is a great opportunity for the kids to get actively involved in fundraising and we would love to have 100% participation of our kids this year. In addition, this is a great family event, so plan to have your Friday entertainment and dinner with us. This will be a huge community undertaking and one where we can all be a part of something big! There are more details, including participation permission, donation, and food and raffle preorder forms on our website at [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org) so feel free to check it out! Please plan to donate and participate in all the fun and I hope to see you there!

Tina Yerges, PTSA President

[tinayerges@msn.com](mailto:tinayerges@msn.com)

## Calendar of Events

### October:

- 1:** Dad's Day—Playground
- 4:** Volunteer Badge Picture Day
- 5:** Math Club Parent Mtg. 7pm
- 8/9:** WSPTA Legislative Assembly
- 8:** **Walkathon Registration Deadline**
- 13:** Sneak Peek—Raffle Baskets
- 15:** **Walkathon, 2:45-6:00**
- 26:** Picture Retake Day

### November:


- 5:** Dad's Day—Playground
- 11:** Veteran's Day—No School

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**Editor:** [Monica Fuddy](#)  
**President:** [Tina Yerges](#)





Sometimes you feel like a nut...

Sometimes you don't. Who knows what mood you're in and this year you don't have to choose!

**Themed baskets** containing all sorts of clever creations and decadent delights are being wrapped up for this year's raffle at the Walkathon & Fall Festival!

Whether you want to have a **Mom's Spa Day** with your girl friends or hit a **Sounders Game** with the family, or maybe it's something for the kids like an **American Girl Doll** basket or Bushel of "Apples" with one rather musical "Apple" inside. There's a **Webkinz** basket and Family Game Night, and many more surprises. Something for everyone!

**Visit the Café on Oct. 13 for a Sneak Peek of the Raffle Baskets**  
12:30 - 1:30pm

*Thank you for your basket donations!* If you have not brought in your classroom basket contribution (products or money), please do so right away. We can't make this super fabulous and fun fundraiser happen without you!

Thank you to our Raffle Team Leader, Nichole Wengert and to all the Classroom Walkathon Reps for putting in the time to bring this offering together!

So go ahead, plan that triple Halo tourney with that new **Xbox** you are sure to win! Beauty is, with your ticket, the kids win too!

Pre-purchase raffle tickets at a discount online, [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org) or on your Walkathon Registration Form. Tickets on sale at the event for \$1 each.

# PROGRAMS

## STUDENT DIRECTORY 2010-2011

Will your information be correct in this year's directory?

Go online today to register!

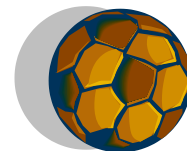
[www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org)

## DAD'S PLAY DAY

NEXT date is NOV 5th! If you have not already done so, please fill out the volunteer background check (on the Cascade Ridge PTSA website under forms) and send it in to the office or return it to your child's teacher. Due to space limitations in the lunchroom, we are asking that all special visitors sign-in at the table in front of the office and then join your special student outside for recess.

### LUNCH / RECESS SCHEDULE

Recess 2/3: 11:00-11:25  
Recess FDK/1: 11:30-11:55  
Recess 4/5: 12:00-12:25



Questions? Lynette Springborn  
[lspringborn@gmail.com](mailto:lspringborn@gmail.com)



**MATH CLUB** - All 4<sup>th</sup> and 5<sup>th</sup> graders interested in advancing their math skills over and above the classroom level are invited to join the Math Club. For more information please attend a parent meeting on Tuesday, October 5<sup>th</sup> at 7:00pm in the Multi-Purpose Room.

Questions? Ranjani Chakrapani [cremathclub@yahoo.com](mailto:cremathclub@yahoo.com) or Sheela Pai at [pisqr@yahoo.com](mailto:pisqr@yahoo.com)

**PASSIVE FUNDRAISING** is a term used for making easy money for the school. Generally speaking, these are fundraising methods that don't cost you, Cascade Ridge Parents, anything extra. No need to open your wallets and write a check AGAIN. However, they do require a little pre-planning.

**Car Wash Tickets:** The number one way the school can raise money quickly and make money off a purchase that you were already going to make is **BROWN BEAR CAR WASHES**. We sell the tickets for \$5 each and we make \$3.50 off of each one. Please consider stocking up on some and keeping them in your wallet for the next sunny day, or give them as gifts or employee incentives. Send an email to [dverrue@msn.com](mailto:dverrue@msn.com) with the amount of tickets, child's name, teacher's name, and mark "car wash" in the check memo or on the front of the envelope and then put a check for the corresponding amount in the PTSA's black box in the school's foyer.

Additional ways we can earn extra dollars for our school:

**BOX TOPS:** Look for this small logo on items you were already going to purchase, cut them out, put your child's name and teacher on the back and have your kids deposit them in our collection box (also in the school's foyer). We will be offering small incentives for those that participate in this program throughout the year.

**INK CARTRIDGES:** Used ink-jet cartridges are collected and recycled and turned in for cash that our school can use for other programs.

**eScrip:** eScrip is a program that requires a simple credit/debit card registration process. Once your card is registered, the school receives a percentage of your purchases at local retailers. The two biggest participants are Safeway and Whole Foods. If you shop regularly at either of these two stores, please consider registering your card on this safe and secure website so that the school may capture these contributions with absolutely no cost to you! The PTSA is offering a free car wash for the first 20 families that register a card on eScrip in the month of October. Visit [escrip.com](http://escrip.com) for more details and/or to register.

Want more info? Contact Diana Verrue at [dverrue@msn.com](mailto:dverrue@msn.com) or come see me in person on the first Monday of each month. I'll be hosting a new Passive Fundraising booth, just outside the school's main entrance. Car Wash tickets will be sold, eScrip can be explained and Ink cartridges collected. Hope to see you there!

# PTSA NEWS

## RECAP: PTSA GENERAL MEMBERSHIP MEETING



We had a great turn out for our meeting on September 14, and if you were there, you know that we covered a lot of important information and business. If you were unable to attend, here's a quick recap of what you missed.

- ✂ We reviewed the PTSA Mission Statement, Standing Rules, and Goals and Objectives and voted to approve them for 2009-2010.
- ✂ We reviewed the previous year's financial results and noted a great year for the organization.
- ✂ We discussed current year plans with recent financial updates and we voted to approve the 2010-11 budget.
- ✂ We had an important report on our Walkathon coming up quickly on October 15<sup>th</sup>.
- ✂ We showcased multiple upcoming events and volunteer opportunities.
- ✂ Our Webmaster showed us key changes to our website and demonstrated the online registration process.
- ✂ Our Issaquah Schools Foundation (ISF) representative, Cathia Geller, introduced our special guest, Leigh Stokes who described the mission of the ISF, which serves to bridge the increasing gap between state funding and the dollars our schools need. Many key programs have been implemented in the district through funding from ISF and there is a two-pronged function between PTSA and ISF that is key to providing our kids with important educational opportunities. The Calling for Kids Campaign is coming and everyone is encouraged to participate.

It was a busy, productive, and informative meeting, and we had an interested and engaged group. Many thanks to everyone who spent the time with us to better understand our plans for the year! If you'd like to join in the fun next time, mark your calendar now for the next GM meeting in January: Thursday, Jan. 27<sup>th</sup> at 8:30 am, right after student drop-off.



## LIBRARY VOLUNTEERS NEEDED!

This is a great way to volunteer and it's easy and fun! Come in during your child's library time! Volunteer every week, every other, or once a month! Times are typically 30 minutes to an hour.

If interested, please contact Sarah Auckland, [sarahauckland@comcast.net](mailto:sarahauckland@comcast.net), with your child's teacher and the days and times you are available. We will be starting October 1st!

## WANTED: VISION AND HEARING SCREENING VOLUNTEERS



October 12<sup>th</sup> is Vision and Hearing Screening Day at Cascade Ridge. We are still in need of many volunteers for both the morning and afternoon to be able to screen all of our children on this one day. If you are available to help out, please contact Deanne King at [ddaking@yahoo.com](mailto:ddaking@yahoo.com)

# COMMUNITY



### *Did you see it!*

**IS Calling for Kids** letters and remit forms should reach your mailbox early this month. Look for the smiling faces on the bright yellow envelope then open, read carefully and reply. Your response, received before October 25, will allow the Foundation to allocate more of your dollars to student-centered programs and less to administrative costs (including the care and feeding of our hungry student callers).

Please go to [www.isfdn.org](http://www.isfdn.org) to learn more about the **Calling for Kids** Annual Fund campaign and to make your donation today. **Remember...** the Foundation wants to recognize your school community's support. Be sure to fill in the name of your student's schools on your printed or online donation form.

### **Run for Healthy Kids and a Healthy Community**

Planning to visit Salmon Days? Why not add the Issaquah Rotary Run to your plans. This year, the Rotary is donating a portion of every entry fee to the Foundation. The October 3rd event offers something for exercise enthusiasts at all levels. For more information and to register your team, visit [www.IssaquahRun.com](http://www.IssaquahRun.com).

### **Welcome PTSA/ISF Representatives**

The Foundation is pleased to welcome the 2010-2011 class of PTSA/ISF Representatives. These dedicated volunteers spread the word about Foundation programs and activities throughout the school year. They are the enthusiastic ladies you'll find making presentations at PTSA meetings, hanging **Calling for Kids** posters in your school, encouraging teachers to apply for Academic Enrichment Grants and securing attendees for the annual **Nourish Every Mind** Luncheon. They are also your source for questions and information about the Foundation. Please join us in giving these dedicated ladies a round of applause. [Click here](#) to find the name or your PTSA/ISF Representative.

### **The Chemistry Curriculum is Here**

Donors, you did it. Thanks to your generous contributions, the Foundation was able to make a \$120,000 grant to the District. This year's chemistry students are learning from new books and are using cutting-edge equipment. Bravo to you!

### *~~~~~ Heartfelt Thanks ~~~~~*

The Smiths would like to thank everyone at Cascade Ridge for the outpouring of love for our family during and after Anna's accident. We cannot begin to express how the visits to our home and the emails and the calls affected our ability and Anna's ability to handle what was indeed a very scary event. I wanted, however, to especially acknowledge the quick action of Laura Scott the EA who brought her into the office, Karen Thies the school nurse who fortunately was at the school that day Mardi St. Laurent and Jennifer Kirsch the most wonderful office staff, and Natalie Fowler our wonderful principal. Each person did such a wonderful job of keeping Anna distracted and allowing the EMT's to do their job. Anna's teacher Mrs. Page who checked on her progress each day was amazing. It is without a doubt that the Cascade Ridge family is a wonderful family and one that stretches beyond the walls of the classrooms that our children visit each day.

With Much Love, Scott, Diana, Ian and Anna Marie



## **2010 HOLIDAY PROGRAM FOR FAMILIES IN NEED**



**There will not be a separate Issaquah School District Holiday Program this year.**

If your family is in need of some extra assistance in terms of food, clothing and necessities, please contact your school nurse as soon as possible to obtain information on the **Issaquah Food Bank Holiday Program**. The Food Bank program fills up quickly so be sure to contact your school nurse before the end of October. School PTSAs desiring to participate in a **"Caring through Sharing"** program will receive their families to sponsor through the Issaquah Food Bank.

# PARENT ED



## PARENT EDUCATION OPPORTUNITY



DATE	TIME	LOCATION	CLASS	CONTACT
10/18	11:30-1:30 (or) 7pm—9pm	Sahalee Fire Stn. 228th Ave NE	Parent Networking Group Meeting	Cherry O'Neil, 206-550-3809 <a href="mailto:Dwo-mci@msn.com">Dwo-mci@msn.com</a>

### ***A Message from Our Parent Ed Liaison...***

My name is Alison Cathro, I am your parent education liaison for CRE and SHS and the ISD Parent Education Council this year. I have participated in parent education since my eldest daughter began a co-op playgroup nearly 13 years ago. Over the years, I gained much support and information to consider while raising my three girls and it seemed only natural to offer myself and my passion to parent in this role as your liaison with District-wide Parent Ed offerings. It takes a Village to raise a child!

The Parent Ed council met in September to discuss potential speakers and topic material for the 2010–2011 school year. Know that some of the offerings which *I hope* to bring to our community include:

- Workshops on cooking safety (with a focus on burn/scald prevention)
- Child passenger safety
- Body Image & Eating Disorders
- Understanding Teenage Stress
- "In Their Shoes" This is a training tool is for adults, counselors, and educators who want to understand teens and their dating relationships.

You will find my updates in the Howler & Coyote Connection along with flyers on the PTSA community board at the school. Please send your thoughts and ideas my way anytime! I would love to hear from you.

Alison

[insanemama3@gmail.com](mailto:insanemama3@gmail.com)

### Let's Give a Hand for Our Wonderful Volunteers!



- ☞ Rajeev Goel for all your time and hard work revamping the PTSA website.
- ☞ Pam Gross and all her volunteers for organizing and distributing our PTSA First Day Packet paperwork.
- ☞ Kellie Berndt for her expert and meticulous planning and distribution of school supplies.
- ☞ Shilpa Goel for her help organizing the Back to School Coffee with the Principal.
- ☞ Klahanie QFC for donating popsicles for the Back to School Popsicle Social.
- ☞ Kim Anderson, Mary Jo Webb, and Lora Wendl for organizing the Back to School Staff Luncheon and to everyone on the PTSA board who brought food.
- ☞ Jeff Davis for re-stocking our emergency supplies for the year.
- ☞ Bona Park, Brooke Daggett, Deanne King, Monica Fuddy, Kirsten Juenke, Laura Fortner, Tina Yerges, Fern Wilson, and Sarah Walden for their help with Picture Day.
- ☞ Mary Richardson for her fabulous organizing of the Mixed Bags fundraiser.
- ☞ Diana Verrue for jump starting passive fundraising with eScrip and Brown Bear coupons.
- ☞ Stephanie Scott for all her hard work with our PTSA membership data.
- ☞ Chrisann Penz for organizing Kindergarten Tea & Tissues
- ☞ Lynette Springborn for all her fabulous organization and distribution of Coyote Wear items.
- ☞ Monica Fuddy for pulling together our Howler Issues.