

Coyote Howler

Cascade Ridge PTSA Newsletter



President's Letter

November is the season of gratitude and we want to thank all of you, our Cascade Ridge community, for your overwhelming support! In just a few short months we have already embraced our first big fundraiser, Light It Up for STEAM, hosted family movie night, given our teachers some love with a staff appreciation luncheon, hosted a new family breakfast and had our first General Membership meeting and Talk with Tia. In addition, Math Club and FIRST Lego League are up and running, as well as our before and after school programs. It's been busy!

We've also begun the process of putting your generous donations to work with our new Smart with Art program and by purchasing new laptops and iPads for classroom use. We couldn't do any of this without YOUR support, and we cannot thank you enough.

This month we have many exciting events for you! Next week is our highly anticipated Silent Auction, which will be paired with our annual Scholastic Book Fair. We will also celebrate the Reflections competition and the hard work our students have put into their entries. The end of the month brings our Holiday Gift Barn collection, where we model the importance of giving to those less fortunate.

Thank you again for your contributions and supporting Cascade Ridge!

Best wishes,

AJ Henderson and Amy Hayes



November 1st
Reflections Deadline

November 4th
Site Council at 4:00p

November 5th - 7th
Silent Auction and Book Fair

November 6th
Reflections Reception at 6:00p

November 8th
Veteran's Day Assembly

November 11th
No School

November 15th
Vision & Hearing Testing

November 18th - 27th
Holiday Gift Barn Collection

November 28th - 29th
No School

Online Auction



Our online auction is almost here! Bid on teacher experiences, vacation packages, restaurant gift certificates and more!

Mark your calendars, and stay tuned for more information.

November 5-7th 2019.

5th Grade Planning Committee

Are you a 5th grade parent looking to get involved? We are looking for volunteers interested in taking an active role in planning the 5th grade activities. If you'd like to chair the service project or ceremony, please contact the 5th Grade Committee Chair, Sandy McNees, sandy_mcnees@hotmail.com.

Ski Bus

What's one of the most fun activities to do in the PNW? Skiing!! This will be our 6th year of offering ski lessons through Snow Sports Consulting Service. They will provide a ski bus that will pick up students outside Cascade Ridge at 1:45pm on Wednesdays January 8th through February 12th. Lessons are taught by

Snow Sports Consulting Service, which has thirty-six years of teaching experience in the greater Seattle area. This program is offered for kids in 2nd-5th grade (kindergarten and 1st grade by special permission). All ability levels are welcome.

The program starts January 8th and runs for 6 weeks, finishing on February 12th. The kids will have 2 1/2-hour ski lessons at Snoqualmie Pass, then the bus will bring them back to the school around 6:45pm.

Enrollment is secured on a first come, first served basis and registration must be accompanied with payment to secure your space. Season passes and ski rentals are not included in this tuition. Registration deadline is Tuesday, November 19, 2019.

This program is not affiliated with the PTSA or Cascade Ridge. No ski equipment may be brought to school. Rather, we ask that you meet your child near the ski bus after school on Wednesdays with their gear.

For more information and to print a form for registration, please visit <http://snowsportsconsultingservice.com/student-forms.html>

Other questions may be directed to Amanda Lumbard at aklumbard@gmail.com. We are looking forward to having your kids shred with us this winter!

Science Fair Committee

Do you love science? We have the perfect opportunity for you! The Cascade Ridge

Science Fair is coming up next March, but planning is already underway. Join the Science Fair committee and help us plan the best event yet. There are a variety of roles to choose from that are very manageable and many are easy to do from home! If you're interested, email co-chairs Navreen Malik at navreen128@gmail.com or Amy Hayes at triluna99@yahoo.com for more information.

Volunteer Thank You

PTSA wants to extend a sincere thank you to all of our volunteers! We could not possibly accomplish all that we do without your time and effort. Special thanks to the following individuals and teams:

October Popcorn Friday – Many thanks to **Krystl McCandlish, Carrie Lam, Emily Ma, and Carolyn Roberts** for kicking off CRE's first Popcorn Friday of the school year! Students really enjoy the hot buttery treat on chilly or wet Friday afternoons!

Movie Night – Many thanks to **Paula Koransky, Michelle Challey, Darlene Baker, Suzanne Stampful, Connie Jackson, Zac Jackson, Adam Baker, Amy Hayes, Laura Gehman, Darren Challey, Stacy Gazjuk, Kerri Shek, and Susan Ho** for helping deliver a super fun Movie Night! Detective Pikachu was a big hit as well as the concessions, popcorn and pizza!



Picture Re-Take Day – Many thanks to **Susan Ho, Sandy McNees and Andrea Obert** for helping support Picture Re-Take Day. They did a great job ensuring that students had their hair combed, hats and coats removed and smiling at the camera!

Party Classroom Volunteers – Many thanks to all of our amazing **Classroom Party Coordinators** for helping with teacher classroom Halloween parties! We greatly appreciate the time and effort it took to plan, organize and deliver Halloween fun in each classroom.

Volunteer Spotlight

The PTSA Board would like to spotlight the

GlowFest Committee

as our November Volunteer of the Month!

We chose to highlight the GlowFest Committee because it took a tremendous amount of courage, determination and effort to try something new and different for CRE's most important fundraising activity of the year. GlowFest Committee leads included Sandra Vanderzee, Claire Raphael, Michelle Challey, Shivani Bhana, and Amy Hayes.

The GlowFest Committee chose to do something different this year so that school, students and community could try a new activity and experience. The team shared that the best part about organizing the event was meeting new families, seeing how willing people were to help ensure the event was success and most importantly, observing how much fun CRE's students had at the dance!

Additional highlights include the amazing amount of teamwork and collaboration across the committee and teams of volunteers. Everything from the concessions, to the dance, and games came together nicely!

Congratulations to the GlowFest Committee for delivering a new yet very successful fundraising event in its inaugural year! It certainly takes dedication, perseverance and a huge amount of effort. Kudos to the team of Sandra, Claire, Michelle, Shivani and Amy for stepping up to the challenge!



Box Tops Winner

Congratulations to Mr. Marckx's Class – the winner of our fall box top classroom competition! Be sure to continue collecting box tops and scanning with the new app throughout the winter. Be on the lookout for more information on our spring contest in February.

Parent Ed Corner

ParentWiser continues to provide our community with learning opportunities that help us navigate relevant issues that we are all facing. Learn more below!

About ParentWiser

ParentWiser is a parenting lecture series comprised of local and nationally-known experts who are invited to share the latest information in effective parenting with parents of the Issaquah School District. We offer speakers, discussions and documentary films throughout the school year to engage parents in timely educational topics for raising healthy, confident K-12 students.

ParentWiser is run 100% by volunteer parents!

We are the parent education committee of the Issaquah PTSA Council 2.6, a non-profit 501(c3) organization. We are funded by a partnership of the Issaquah Schools Foundation, Swedish Medical Center Issaquah, and the Issaquah PTSA Council. If your business would like to support the lecture series, please contact us [here](#).

We welcome volunteers to join our team, especially those with experience in email marketing, social media, and video recording. If interested, please contact us [here](#).

ParentWiser Past Events

If you missed ParentWiser's last event NORMAL SUCKS or other past events, you can access them [here](#). I attended Johnathan Monney's talk and highly recommend checking out the recording!

About Normal Sucks

How to Live, Learn, and Thrive Outside the Lines

Confessional and often hilarious, inspirational writer Jonathan Mooney talks about how normal sucks and different does not mean deficient — and we shouldn't be striving for, or enforcing, normalcy on anyone. With humor, knowledge and hope, he meditates on neuro-diversity, offering the radical message that we should stop trying to fix people and start empowering them to succeed.

Launching a national book tour, Jonathan shares his personal experiences as a dyslexic, ADD, and neuro-diverse student who did not learn to read until he was 12 years old. He gives hope for anyone who learns differently

and emphasizes the impact of supportive teaching and parenting.

For parents of grades K-12.

Upcoming ParentWiser Events

How to Keep Your Teen Safe on November 7, 2019 7:00 PM [Register](#)

Presented in partnership by the Issaquah School District, Swedish Medical Center, and ParentWiser of Issaquah PTSA Council

Community Informational & Forum

Forefront's LEARN® Saves Lives Training will help provide skills and confidence to have caring conversations that are often difficult but necessary.

Developed by Forefront Suicide Prevention at the University of Washington, you will learn the five simple and effective LEARN® steps that empower individuals to help others move in the direction of hope, recovery, and survival. These steps play an important role in helping to recognize when peers, friends, and family might be having thoughts of suicide, and to know how and where to refer those individuals to keep them safe.

Safer Homes, Suicide Aware will also have a table at the event to discuss ways to create a safer home. They will have a limited number of free locking equipment for firearms and medications available.

For PARENTS/ADULTS and TEENS.

This forum is also available on [Nov 7th at Issaquah High School](#); please register for whichever event best fits your schedule.

**Issaquah High School, 700 2nd Ave SE
Issaquah, WA 98027**

How to Be a Culturally Competent Family in
2020 on January 22, 2020 7:00 PM

Register

Are your kids hearing racially or culturally-charged comments on the news? Are you wondering how to empower them to be culturally competent through your own modeling and conversation? In this paradigm-shifting talk, Dr. Caprice Hollins unpacks the ways we've been socialized to think about differences, helps us engage in courageous conversations with one another and our children, and develop new ways of being.

Participants will increase their understanding of equity vs equality, privilege, implicit bias, and learn to effectively engage our children and work together to dismantle institutional racism.

Dr. Hollins provides the framework for developing cultural competence, for a community where everyone benefits through inclusivity and the honoring of differences.

For parents of grades K-12.

**Liberty High School, Theater 16655 SE
136th Street Renton, WA 98059**

Book Fair

Reading for pleasure unlocks the power of information and imagination and helps children discover who they are. Here's what you can do to help children develop stronger reading skills and a love for reading:

- Set the example. Let children see you read.
- Have a collection of books in your home. Update this collection routinely to keep up with changing tastes and reading skills.
- Support our school's Book Fair. Allow your children to choose their own books to read.

Our Scholastic Book Fair is a reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level. Please make plans to visit our Book Fair and be involved in shaping your child's reading habits.

Book Fair dates:

- Tuesday, Nov 5th 3:45pm to 8pm
- Wednesday, Nov 6th 1:35pm to 7pm
- Thursday, Nov 7th 3:45pm to 7:30pm

Special Event:

- Story time with Principal Kleinkopf and Clifford the Big Red Dog on Wednesday, Nov 6th (time to be announced shortly)

We hope to see you and your family at our Book Fair! Remember, all purchases benefit our school.

Holiday Gift Barn

Cascade Ridge is once again collecting holiday gifts for local families in need. We are

partnering with the Issaquah Food Bank to help fill their Holiday Gift Barn. The Food Bank will set up a 'store' at Pickering Barn where families can shop for needed items and holiday gifts. Holiday Gift Barn representatives will visit each classroom and share more information with students in mid-November.

You can donate an item from the grade level themes below, OR donate a toy for any age, OR donate a grocery gift card, OR donate gift wrapping supplies. If you would like to donate an item that is not in your child's grade level theme, please feel free to bring that in as well.

All donations of items for children aged 0 to 18 are welcomed and appreciated.

Grade Level Theme suggestions are as follows:

K and LRC: Baby pajamas, infant toys, teething, rattles, Diapers, wipes, clothes, bibs, socks

1st grade: Art supplies, puzzles, playdoh, board games, sports equipment, Toys for all ages

2nd grade: Pajamas, socks, underwear, scarves (all sizes boy or girl), purses and hair supplies, make-up/nail polish, curling irons for teens

3rd grade: Board games, Legos, dolls, trucks, toys for all ages

4th grade: Hats, gloves, all sizes for boys and girls, Seahawks or Sounders clothing for teens, pants, jackets, sweatshirts, toys for all ages

5th grade: Books for all ages, DVD's, music CDs, video games for elementary and teens, sports equipment, toys for all ages

Donations will be collected in the classroom the week of November 18-27. All items need to be new and unwrapped. Please bring items to your classroom and leave them in the designated Holiday Gift Barn boxes. Gifts will be delivered to the Gift Barn on December 3rd! If you have questions please contact your classroom representative. Participation is optional, of course. Thank you, in advance, for your help in making the holidays brighter for so many local families!



Holiday Gift Barn Chair Contact Info:
Darlene_Baker2005@yahoo.com