

# Coyote Howler

## Cascade Ridge PTSA Newsletter



### President's Letter

As our school year ends, I hope you enjoy looking back at all the fun we had this year. From the Color Run to Bingo Night and everything in between we hope you enjoyed the many events PTSA brought you this year. Thank you for supporting PTSA and the students at Cascade Ridge!

A round of applause goes to all our committee chairs that volunteered countless hours putting together all the events that enriched your students experience at Cascade Ridge. Without them, none of our events would be possible. And to all the volunteers that helped during the events, your contributions are greatly appreciated!

I would like to give a heartfelt thank you to the 2018-2019 Executive Board – Amy Hayes, Sandy McNees, Lisa Righetti, Swati Jain, Angela Fischer, Holly Briscoe, Paula Koransky, Susan Ho, Tiffany Parker and Andrea Obert. Thank you for the many hours you have invested in Cascade Ridge! This year would not have been a success without all your hard work.

Have a wonderful summer creating memories with your children and we look forward to seeing you in September!

Sincerely,

AJ Henderson

Cascade Ridge PTSA President



#### June 4th

Teacher Appreciation Luncheon

#### June 7th

Donuts with Dads

#### June 7th

Parent Play Day and Popcorn Friday

#### June 27th

Last day of School

## PTSA Volunteers Needed

### 2019/2020 School Year - PTSA Volunteer Opportunities *We Need You!*

The following volunteer opportunities are available for the 2019/2020 school year. Please reach out to the following individuals below if you are interested in learning more or helping.

#### E-News Chair

- Please contact **Claire Raphael** at [claireraphael@hotmail.com](mailto:claireraphael@hotmail.com)

#### Bulletin Board Chair

- Please contact **Claire Raphael** at [claireraphael@hotmail.com](mailto:claireraphael@hotmail.com)

#### Matching Funds Chair

- Please contact **Sandra Vanderzee** at [thevanderzees@gmail.com](mailto:thevanderzees@gmail.com)

#### Fall Fundraiser Chair

- Please contact **Sandra Vanderzee** at [thevanderzees@gmail.com](mailto:thevanderzees@gmail.com)

#### Engineering Night Chair

- Please contact **Tiffany Parker** or **Andrea Obert** at [tparker91@comcast.net](mailto:tparker91@comcast.net) or [aobert11@gmail.com](mailto:aobert11@gmail.com)

#### Safety Patrol Chair

- Please contact **Laura Gehmen** at [lgehmen@gmail.com](mailto:lgehmen@gmail.com)

#### Issaquah School Foundation Chair

- Please contact **Paula Koransky** at [paulakoransky@me.com](mailto:paulakoransky@me.com)

## Volunteer Spotlight

The PTSA Board would like to spotlight

### Michelle Challey

*as our June Volunteer of the Month!*

We chose to highlight Michelle because Michelle did an amazing job this year with not only Family Movie Night but also, our first ever Bingo Night! Both events drew a record number of attendees and everyone had a wonderful time. Michelle actively volunteers in the classroom at Cascade Ridge in addition to volunteer Board roles in the community such as Youth Soccer, and Trossach's HOA Board. She also co-leads her daughter's Junior Girl Scout Troop and helps with all sorts of events and sports at Skyline.

Michelle's family includes: Taylor (soon to be senior at WSU), Nick (plans to attend college in AZ this fall), Ty (soon to be senior at Skyline, varsity football), Natalie (soon to be 5th grader

at Cascade Ridge), Bo (yellow lab), and her husband Darren (an Amazonian).

In her spare time, Michelle enjoys refinishing vintage windows into mirrors, participating in vintage shows, antiques, gardening and travel.

Michelle enjoys volunteering because it allows her to spend more time with her daughter who is with her every step of the way when planning events such as Movie night. Volunteering provides Michelle the opportunity to step out of her comfort zone or normal routine and do something fun, challenging, impactful, rewarding and maybe life changing...and most of all, a means to meet great people!

We think Michelle is GREAT too and thrilled to have her volunteering at Cascade Ridge!



## Site Council

Would you like to learn more about what's going on at Cascade Ridge and across the Issaquah school district? Do you have questions or concerns that you would like to voice? Join the Cascade Ridge Site Council! We're looking for 3-4 parent representatives to join Site Council for the 2019-2020 school year.

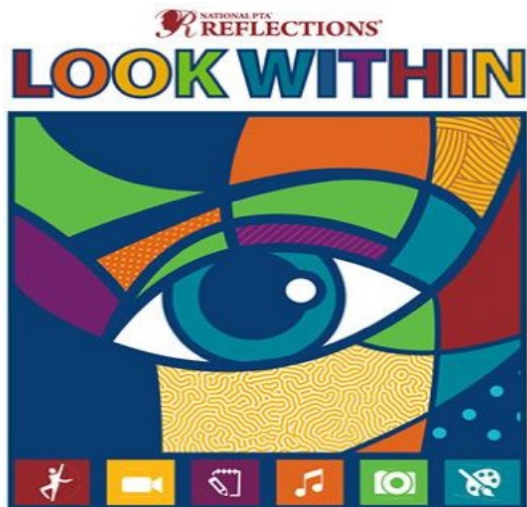
Next year our meetings will take place from 4-5pm on the following dates:

November 4th, January 6th, March 2nd and May 4th.

The Site Council is comprised of parents, staff members and the principal. The purpose of the Site Council is to ensure our students' success by helping advance the District mission through collaborative planning, communication and decision-making. Specifically, site councils are intended to foster continuous improvement of the school's educational program, blend the values and perspectives of the community, staff, and students in school-wide decisions, and foster effective communication among all stakeholders in the school.

If you have any questions or would like more information, email Paula Koransky at [paulakoransky@me.com](mailto:paulakoransky@me.com)

# Reflections



The annual Reflections program will be one of the items students look forward to when they return in the fall and we'd like to build enthusiasm around it before kids take off for summer. This year's theme is Look Within. We thought it would be great to get kids thinking about their entries over summer and will be showcasing an informational slide show with last year's winning entries during lunch around mid-June as food for thought and inspiration. The Reflections program invites entries in several categories including Fine Arts, Literature, Visual Arts and more. Parents are encouraged to check out program details on the National PTA website at <https://www.pta.org/home/programs/reflections> and stay tuned for school specific information in the fall.

## Dads & Donuts

**RSVP and Walk to School for Dads & Donuts**

**Friday June 7th 8:30am - 9:00am**

Its time for our second annual Dads and Donuts event! Please join us for complimentary coffee, donuts and juice in the Coyote Cafe on June 7th from 8:30am until the students line up for class at 9:00am. All students are welcome to attend with their dad, grandpa, or special family friend. This is a great time to socialize with other kids and adults while enjoying a special treat!

This event was so well attended last year, we ran into a bit of a parking challenge. **Please carpool or walk if possible and RSVP by completing the survey below so we know how many donuts to order. The survey will be open through June 4th.** We hope to see you there!

<https://www.surveymonkey.com/r/DadsDonuts2019>

## Fundraising Committee Help

Light it up for S.T.E.A.M. at Cascade Ridge!

Our Fall PTSA fundraiser has a new look. We will be hosting a fun neighborhood gathering where you can enjoy time with friends and family while exploring the awesome S.T.E.A.M. clubs and projects for the school year.

Our fundraiser planning committee is forming now - we need your help to make this event a success. Please consider joining the team! Our committee will meet over the summer to start putting all of the building blocks in place. We need all the help we can get. Please contact Sandra Vanderzee at: [thevanderzees@gmail.com](mailto:thevanderzees@gmail.com) for more information

# Issaquah Food Bank

Issaquah Food Bank in search of neighborhood coordinators!

Our Trossachs neighborhood is part of an exciting pilot initiative with the Issaquah Food and Clothing Bank called The Food Project. Modeling similar programs in our region, we aim to find neighborhood coordinators who can invite friends and neighbors to contribute

just 1 bag of donated food every 2 months. As a coordinator, you will pickup the bags from your donors and simply deliver the full bags on select dates (noted below).

It's easy! Here how it works:

1. Donors are provided with a reusable shopping bag
2. Donors fill it with as much non-perishable food as they want
3. Every 2 months (on designated dates), donors leave the bag on their porch
4. Neighborhood coordinators will pick up the bag and leave a new bag for next time.
5. Neighborhood coordinators deliver all collected bags to the Shepard of the Hills Church parking lot

The remaining pickup dates this year will be August 10th, October 12th and December 14th.

The goal of this program is to provide a consistent and reliable source of food donations to the Issaquah Food Bank. This is a simple and fun way to involve our children, friends and neighbors in helping our community; it never

takes more than a couple of hours each month. Our Food Bank served 2,876 unique individuals last year and many more in our community are slipping through the cracks and are in need of basic resources.

**\*\*If you think you'd like to be a Neighborhood Coordinator (or donor) for future dates please email [amguilbert@comcast.net](mailto:amguilbert@comcast.net) or call Alice Guilbert, 860-716-5915. Thanks for considering!**

## Parent Ed Corner

The ParentWiser speaker series has wrapped up for this school year. Be on the look out for ParentWiser events in the September Howler to learn about new programs for families in the 2019-2020 school year.

Did you miss one of the live ParentWiser parent education talks? If so, not to worry! Our amazing student and parent volunteers have recorded some of the talks and made the replays available for you here.

Please note: these talks are for Issaquah School District PTA members only. Please do not forward or share. Enjoy!

<https://www.parentwiser.org/watch-online>

## Happy Summer!

On May 6th and 7th, we hosted [Challenge Success](#) for two parent education events.

Mary Hofstedt shared current research along with practical strategies for our families to support their children's health, resilience, and engagement in learning. To learn more about the topics we explored, please see the resource list and links from Challenge Success provided below.



**Challenge Success** also offers resources to help you support your student's well-being and engagement in learning. **We invite you to visit the [Challenge Success website](#)** and explore the links below:

- Check out [Raising Well-Balanced Kids](#) and [Tips to Help Your Child Thrive](#), which offer common-sense tips based on children's known developmental needs and research on child and adolescent well-being.
- Read Challenge Success [White Papers](#) that summarize research and offer practical suggestions on topics including homework, cheating, college admissions, and Advanced Placement (AP) classes.
- Browse [book](#) recommendations and read Challenge Success [blog entries](#) by authors including Dr. Denise Pope, Dr. Madeline Levine, and Dr. Kenneth Ginsburg.
- Follow Challenge Success on [Facebook](#) and [Twitter](#), sign up for the [newsletter](#), and stay connected with their ever-expanding community of families and educators.

## Fifth Grade Service Project

THANK YOU! THANK YOU!! THANK YOU!!

We should all be very proud of our 5<sup>th</sup> graders. For the last month they raised funds; and finally, last week they got to create a blanket to donate to someone who truly needs it and will appreciate it. The students did a very good job

working in teams and working diligently in a short amount of time to complete the blankets.

- The students raised over \$2,200!!
- Since the students raised funds beyond the goal to cover the cost of the fleece; both TreeHouse and Seattle Children's Hospital will receive a \$400 check in addition to the blankets.
- The students made 110 fleece blankets
- Here is a link to the pictures: <https://qq0u.app.link/TIcHJrfMyW>
- We will be delivering the blankets to both TreeHouse and Seattle Children's Hospital next week.

THANK YOU to all the volunteers who made this project a success. And a big thank you to Dafna Tarlowe and Ripal Shah for leading the 5<sup>th</sup> grade service project!





Log on to [www.schooltoolbox.com](http://www.schooltoolbox.com), enter Cascade Ridge Elementary, and order away!

Questions? Contact Amy at [amy.passalacqua@comcast.net](mailto:amy.passalacqua@comcast.net).



## School Supplies 2019/2020

Order your school supply boxes now and you can choose to hold delivery until just before school begins in September. Check an item off your to-do list and don't think about it again!

***Order before June 27 and save \$\$\$!*** Prices will go up on June 28 so don't delay. You will still be able to order through August 12 and ensure delivery by the start of school.

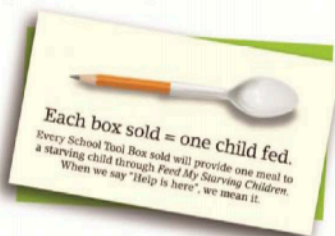
Avoid the crowds and hassle of buying supplies at multiple stores. One-stop online shopping saves time and our PTSA earns money from your order.

Our vendor is shipping supplies direct to your home! Each grade's box is already 'built' for you. Simply select your child's upcoming grade. Some grades ask for slightly different supply lists based on the first letter of your child's last name, so be sure to select the correct box.

# Customize and Order Online Today!

Dear Parents,

We are happy to announce that we have chosen to sell prepackaged school supplies for the next school year through School Tool Box™. Place your order online and it will be **DELIVERED DIRECTLY TO YOUR HOME ADDRESS**. You will have the option to **CUSTOMIZE** your order by adding or removing items from the teacher-approved list. Already have a ruler or scissors? Remove them. Need an additional box of crayons for home or supplies for a sibling? Add them. It's that simple! **Order today!**



**School Name:**

Cascade Ridge Elementary  
Sammamish, WA

**Ordering Available:**

Beginning May 22nd

**Allow 10 days for processing.**

Kindergarten A-L - \$72.14  
Kindergarten M-Z - \$72.99  
1st Grade - \$50.59  
2nd Grade - \$91.47  
3rd Grade - \$83.39  
4th Grade A-L - \$76.48  
4th Grade M-Z - \$79.33  
4th Grade Science & Tech. - \$81.90  
5th Grade - \$88.08  
5th Grade Science & Tech. - \$71.58  
Crooks - \$54.64  
McLoughlin - \$42.79

Save by ordering now!  
Prices increase June 28th  
so don't delay!  
Order now, choose your  
shipping date!

[schooltoolbox.com](http://schooltoolbox.com)

