



COYOTE HOWLER

April Events

April 6th: Parent Play Day;
Popcorn Friday

April 9th - 13th: No School -
Spring Break

April 25th: Book Swap

April 27th: Talk with Tia at
9:15a followed by PTSA
General Membership Meeting
at 9:45a

President's Letter

Spring break is right around the corner and it is hard to believe but we are two-thirds through the school year. If you are like me, you are waiting for the sunshine and warm weather but I'm sure it will be here soon.

I hope you all had a great time at the science fair. Thank you to Amy Hayes and her team for their amazing work! We had awesome student projects, many great exhibitors and lots to entertain everyone! Thank you for coming.

On April 27th we will have our third general membership meeting following the Talk with Tia in the Café at 9:15am. This is an important meeting where we will vote in our executive board for next year. Thank you Nominating Committee for all of your hard work. We look forward to seeing you there!

Enjoy your Spring Break and time with your family.

Jaime Foreman

PTSA President

PTSA Volunteer Awards

PTSA service awards are given every year to outstanding volunteers for their service to our school and community. These awards recognize the contributions individuals have made at Cascade Ridge Elementary and within our local community. Congratulations to this year's winners! We acknowledge and appreciate your commitment to Cascade Ridge and our community!

- Jaime Foreman – Lifetime Achievement
- Sandy McNees – Outstanding Advocate
- Paula Koransky – Outstanding Advocate
- Tiffany Parker – Golden Acorn
- Elana Clayton – Golden Acorn
- Shalini Sivakumar – Golden Acorn

These deserving volunteers will be honored at a district-wide reception in April. When you see these deserving recipients, please give them a pat on the back and thank them for all of their hard work on behalf of our school and community – and look for their names on the Golden Acorn plaque displayed in the front hall of our school.

Volunteer Spotlight

The PTSA Board would like to spotlight

Carrie Haines

as our April Volunteer of the Month!

Carrie and her husband, Brian, are parents to three kids (Annalise, Jack and Erik). As a family, they love to ski, travel (as far as Norway to visit family!), volunteer with the Boy Scouts, and play with their pup, Berit. Carrie enjoys scrapbooking, crafting and baking cookies.

We are so appreciative of the time Carrie gives to our school, as she is already a full-time Kindergarten teacher at Endeavor Elementary. In addition to being a Room Coordinator at CRE, Carrie has also volunteered at our Book Fair, Color Run, Movie Night, Eager Reader and Baking committee.

Thank you, Carrie, for all you do for Cascade Ridge!



Thank you!

PTSA wants to extend a sincere thank you to all of our volunteers! We could not possibly accomplish all that we do without your time and effort. Special thanks to:

- Our Movie Night Chair, Michelle Challey, for hosting our second Movie Night, and Carrie Haines for bringing baked goodies and helping to clean up after the event.
- Our Science Fair Chair, Amy Hayes, and the many individuals who gave their time to pull off this very popular event. It takes an army!
- The following parents helped coordinate, communicate and manage big parts of the fair – Kerri Shek, Diane Pattillo, Darlene Baker, Viji Vasu, Tiffany Parker, Claire Raphael, Lloyd Raphael, Laura Gehman, Matt Gehman, AJ Henderson, Sandra Vanderzee, Stacy Gazjuk, Andrea Obert
- The following parents volunteered their time to set up, check in, judge and tear down the fair – Krystl McCandlish, Emily Ma, Prachi Kulkarni, Joie Fox, Jed Boba, Siu Mei Greiffendorf, Nishant Gupta, Katie Tonder, Jaime Foreman, Jean Liu, Cara Camire, Mi Goelkel, Marci Bartholomae, Lisa Righetti, Jackie Mueller, Elana Clayton, Toby McGraw, Shelly McGraw, Ann Bouchy, Laurie Jones, Leticia Watson, Liping Wang, Mary Powell, Andrea Reeder, Todd Jucht, Shannon Romanski, Nigar Suleman, Katie Mack, Colleen Gutierrez, Jessica Tran, Rigal Shah, Neha Mathur, Anamika Malhotra, Christa Gatewood, Alamelu Ramesh, Amy Passalacqua, Jeremy Gazjuk, Paula Koransky, Tara Farhad, PJ Maffett, Pamela Kortrey, Nisreen Kabeer, Loretta Brownlee
- And of course, thank you to all of you who have signed up to support all our PTSA activities and help the teachers in your children's classrooms.

It is very important to us that we personally thank you for your volunteering efforts each month. If we have inadvertently missed a name from this list, please let Stephanie Middleton know at stephwamsley@gmail.com and we will rectify in the next Howler.

Community Relations

Happy spring everyone! It's hard to believe it's April already. It will be summer before we know it! Thank you to all of you who came out to our last movie night and especially to our Movie Night Chair, Michelle Challey and her awesome team of volunteers. We appreciate all of your hard work! Thank you to those of you who came to the March PTSA social too. It was great to see so many of you! Kudos to our 1st grade families and the Staff Appreciation Team for the delicious panini lunch you provided for our amazing Cascade Ridge staff. March was a fun month!

Up next, please join us for **"Talk with Tia" on Friday, April 27th at 9:15am in the Coyote Cafe** (General PTSA Membership Meeting immediately following). This is a great opportunity for conversation and coffee with Principal Kleinkopf (yummy goodies provided by the baking committee too)! Also, will be celebrating **Staff Appreciation Week May 7th-11th**. Be on the lookout for more information about how we will recognize our "Super Hero" Cascade Ridge staff this year! If you have any questions or would like to help out, please contact Paula Koransky at paulakoransky@me.com.

ENROLL NOW FOR SPRING AFTER SCHOOL CLASSES

The PTSA is proud to partner with several outstanding vendors and offer the following classes beginning in April.

Monday: Debate and Public Speaking (Gr 2-5), and Young Rembrandts Cartooning (Grades 3-5).

Tuesday: Intro to Engineering by Tech Venture Kids (Gr 3-5)

Wednesday: Robotics Programming (Gr 1-3), Jr. Robotics (Gr 3-5)

Thursday: Lego Jr. Engineering (Gr 1-3), Young Rembrandts Drawing (Gr K-2), and Dance & Zumba (Gr K-5)

Please visit the PTSA website and click on Enrichment Programs – Spring Classes for class descriptions, pricing and registration. Classes begin after Spring Break!

To Register for any of these classes, please visit:

<http://cascaderidgeptsa.org/Page/Enrichment/Spring%20Class%20Description>

Please contact Darlene Baker at Darlene_Baker2005@yahoo.com with any questions.

Parent Ed Corner

From Parentwiser

Do your kids push your buttons? Managing tempers can be difficult for all ages, especially with younger children who don't know how to express themselves yet. Check out this SUPER HELPFUL [exclusive ParentWiser ONLINE interview](#) on ***The Yes Brain*** with bestselling author Dr. Tina Payne Bryson to help soothe kids when emotions run hot. *For parents of K-12.*

Parentwiser Events:

The Mask You Live In

Film Documentary & Discussion

Is American masculinity harming our boys, men and society? Research shows that compared to girls, boys in the US are more likely to be diagnosed with a behavior disorder, prescribed stimulant medications, fail out of school, binge drink, commit a violent crime, and/or take their own lives. [The Mask You Live In](#) film documentary & discussion ultimately illustrates how we, as a society, can do better to raise a healthier generation of boys and young men. IH PTSA and ISD invite *parents and students of all ages* to attend **7pm on April 3rd at Issaquah High School. Register at <http://parentwiser.org/events>**

Hidden in Plain Sight

Spot signs of at-risk behaviors

Can you spot the signs? Looks can be deceiving, especially if you don't know what to look for. Come to our community-wide [Hidden in Plain Sight](#) exhibit and learn from local experts what teens are doing today, how they can hide at-risk behavior, and what to do if you suspect something. **6:30-8:30pm on April 16th at CWU/Sammamish. For ADULTS only. Register at <http://ParentWiser.org/events>.**

Peaceful Parent, Happy Kids

How to help children WANT to cooperate without yelling, bribes, threats or punishment

May 16, 2018 7:00 PM Skyline High School Theater

May 17, 2018 10:00 AM First Stage (Kidstage) Theatre, Issaquah

Are you tired of battling with your child? Do you wish you knew how to get your child cooperating without yelling and threats? Are you trying to find the sweet spot

between spoiling and strict? Dr. Laura Markham gives you practical everyday strategies to help you raise a child who WANTS to cooperate, by working with your child rather than trying to manipulate or control.

No parent is peaceful all the time, but it's completely possible to create a more peaceful home where affection, connection and humor help you resolve conflict happily, and where kids WANT to follow your lead.

In this talk with Dr. Laura Markham, you'll have a chance to ask questions about your own parenting, and you'll learn:

- Why children misbehave -- and how to help them WANT to cooperate without yelling, threats, bribes or consequences
- What research shows about how children develop self-discipline
- The 4 power tools you can use to connect with children and help them with their emotions
- Why yelling and timeouts actually cause more misbehavior
- How you can create the relationship you want with your child

For parents only. Free for PTSA members of Issaquah School District, \$10 donation requested of non-members.

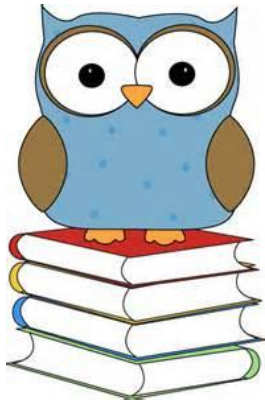
Visit <http://parentwiser.org> to find: current listing of parent education events, registrations, and resources across the Issaquah school district.

PTSA Board Nominations

The 2017-18 Cascade Ridge Nominating Committee proudly submits the following slate of nominees to the general membership for election to the 2018-2019 PTSA Executive Committee.

Co-President	Stephanie Middleton
Co-President	AJ Henderson
Executive Vice President	Amy Hayes
Treasurer	Lisa Righetti
Secretary	Sandy McNees
VP Communications	Swati Jain
Co-VP Fundraising	Angela Fischer
Co-VP Fundraising	Holly Briscoe
Co-VP Programs	Tiffany Parker
Co-VP Programs	Andrea Obert
VP Volunteers	Katie Mack
VP Community Relations	Paula Koransky

Please join us at our next General Membership meeting in the Coyote Cafe on Friday, April 27th at 9:45am when we will elect the 2018-2019 PTSA Executive Board. Also, thank you to this year's PTSA nominating committee: April Gregory, Pamela Kortrey, Tiffany Parker, Stephanie Middleton, and Paula Koransky.



CASCADE RIDGE BOOK SWAP WEDNESDAY, APRIL 25TH ONE DAY ONLY!

Do you have plans to do a little “spring cleaning” over the break? As part of our 2018 Earth Week celebration, the Book Swap is back! Be sure to save any books that need a new home. Students are invited to bring gently used books to SWAP for “new to you” books & SHARE the love of reading with other kids.

- Books will be collected **BEFORE SCHOOL on Wednesday, April 25 (Courtyard & Café line up areas)**. Students will return to choose their “new to you” books during recess.
- Students are invited to **bring up to 10 books to trade**. K-6th grade reading level only please, no board books.
- Do you have extras to share? After the Swap, extra books will be offered to teachers to build classroom libraries & donated to local charities.

VOLUNTEERS NEEDED to help with book collection before school, sorting, set up and clean up. Check out SignUp.com to sign up!

<http://signup.com/go/pTJMAk>

Questions? Contact Michele Brady at brady1093@yahoo.com.

You do good

KENDRA GIVES BACK PARTY!

Enjoy sips, sweets, and shopping for a cause!

TUESDAY, MAY 8TH

6:00PM - 9:00PM

KENDRA SCOTT

Bellevue Square |
179 Bellevue Square Bellevue, WA 98004

20% of all sales will benefit the Cascade
Ridge Elementary PTSA.

If you're unable to attend the event you may still
contribute through calling in your order to
(425) 278-9521.



KENDRA SCOTT

Upcoming Dine Out & Parent Night Out Dates

Join your friends from CRE community at an upcoming *Dine Out* this school year! Have a delicious dinner (without cooking) and raise money for our school in the process. Each Dine Out will give a portion of sales back to Cascade Ridge Elementary. Please mark your calendars and join us for dinner out!

Hop Jack's - Dine out and support Cascade Ridge Elementary at the same time. Mention Cascade Ridge while you dine **Tuesday, April 24th**.



Parents Night Out - Karate West. Don't let your kids miss out ages 6-12 you can drop off your child for a Parent's Night Out. Kids will enjoy fun filled games and cool karate. No experience necessary 100% of the proceeds come back to Cascade Ridge. Price is \$35 for 3 hours, fun and pizza dinner. Dates 4/6, 5/4, 6/1.



[Pre-registration online required.](#)

Come out and Play!

Don't forget to join your student(s) on the playground throughout the school year! On the first Friday of each month, we invite all Dads (Moms, grandparents or other special guests too) to join us on the playground during recess. The kids love to see their loved ones during the school day. Visitors sign in at the front office, get a visitor's badge and then join your student outside for recess! Please remember to get your [Washington State Patrol Form](#) filled out. This must be turned in before you can attend a play date! Forms can be found in the office or online on the school website under Quick Links. A new one needs to be filled out every year. Upcoming dates are...

Upcoming dates are...

April 6th

May 4th

Play date times are as follows:

11:20 - 11:45	1st and 4 th
11:45 - 12:10	2nd and 3 rd
12:10 - 12:35	K and 5 th

12:15-12:40

Science Tech



Cascade Ridge PTSA: We're Online, All the Time!

Did you know you can have school and PTSA events automatically added and updated into your calendar app of choice? Checkout the details at: <http://cascaderidgeptsa.org/Event/ViewElsewhere> (you'll need to be logged into your PTSA account.)

Another way to stay connected: "Like" us on [Facebook](#)! Get the most up to date information on all upcoming school and PTSA events, Spirit Days, late-breaking news and everything else relevant to our school community right in your news feed. If you like our page already but aren't seeing our news on your feed, make sure to check our page every Monday for new posts. Don't forget to tell your Cascade Ridge friends to like us too!



Calendar Update

In an effort to ensure the school-year calendar is always current, we will not be printing it in the monthly Howler. You can always find the most up to date information on the PTSA Web site at: <http://cascaderidgeptsa.org/Event/MonthCalendar>