



# COYOTE HOWLER

## October Events

**October 4th, 11th, 18th, 25th:** Coyote Wear Day

**October 6th, 13th, 20th, 27th:** Sports Day

**October 6th:** Popcorn Friday and Parent Play Day

**October 20th:** General Membership PTSA Meeting at 9:15a

**October 23rd:** No School

## President's Letter

September certainly went by in a flash! It was great to see so many Cascade Ridge families at school on Thursday enjoying the Color Run! I hope you all had as much fun as I did. On behalf of the Cascade Ridge PTSA, thank you to all who donated and supported our students at Cascade Ridge.

I would like to invite everyone to come to our first general membership meeting of the year on Friday, October 20<sup>th</sup> at 9:15am in Room 245. We will be voting on our 2017-2018 PTSA Budget and hearing about all the great upcoming events at Cascade Ridge.

If you have not had the opportunity to do so, please join the PTSA today on our website, [cascaderidgeptsa.org](http://cascaderidgeptsa.org), under family registration. Did you know your PTSA membership gets you discounts at area businesses? Currently there is a discount for Great Wolf Lodge and Key Arena! On our website, you can also find many great opportunities to volunteer at different PTSA events.

As always, please contact me with any questions or concerns at [jaimeforeman@comcast.net](mailto:jaimeforeman@comcast.net).

Jaime Foreman

PTSA, President

# Color Run

What a **COLORFUL** way to start our 2017-2018 school year! Once again our amazing community came together and not only did we meet our goal, we surpassed it – raising over \$85,000 in donations and corporate matching. We couldn't have done it without the support of our parents, students, teachers, staff, family members, friends, and other community partners. It is also impossible to pull off an event like this without the help of many volunteers; we had over 100 parent, middle school and high school volunteers at the event. We thank you all for your time and dedication to our children and to Cascade Ridge Elementary. Special thanks to the Color Run committee that worked through the summer to plan the event: Darlene Baker, Holly Briscoe, Lara Buis, Angela Fischer, Jaime Foreman, Paula Koransky, Peggy Llort, Michelle Lyman, Krystl McCandlish, Sandy McNees, Kelly Mucha, and Suzanne Stampfl, these ladies and their committees put in countless hours to bring the idea of a Color Run into fruition. **THANK YOU!**



We have started the planning and approval process to replace our existing bouldering wall and mats in the gym with new and improved equipment. Stay tuned for more details.

The class competition results are as follows.

**Overall Winner** – Ice Cream Sundae Party

Mr. Marckx

**Top in each grade** – Silly String or Kickball with the Principal and Dean

K: Schubbe

1st: Quinton

2nd: Marckx

3rd: Jochim

4th: Roark

5th: Page/Foster

**Congratulations everyone!!**

# Thank you Color Run Sponsors



<p><b>Trader Joe's</b></p> <p><b>Metropolitan Market</b></p> <p><b>Fall City Roadhouse</b></p> <p><b>Banic Chiropractic</b></p> <p><b>Vino Bella</b></p> <p><b>Sign Gypsies</b></p> <p><b>Plateau Runner</b></p> <p><b>Jenny Schaffer</b></p> <p><b>Issaquah Village Theatre</b></p> <p><b>Structural Sports</b></p> <p><b>Starbucks</b></p> <p><b>Mambe</b></p> <p><b>Koransky Family</b></p> <p><b>Seem Family</b></p> <p><b>Lyman Family</b></p> <p><b>Karen Baumgartner, Stella &amp; Dot</b></p> <p><b>Moore Brothers Music</b></p>	<p><b>Wengert Family</b></p> <p><b>Kid Fit East</b></p> <p><b>Arena Sports</b></p> <p><b>Masa Mexican Cantina</b></p> <p><b>Eastside Kickboxing</b></p> <p><b>Big Star Studios</b></p> <p><b>The Nobel Family, LulaRoe</b></p> <p><b>Levitate Pub</b></p> <p><b>La Petite Belle Nail Spa</b></p> <p><b>World Nails</b></p> <p><b>Cebull Family</b></p> <p><b>Ebling Family</b></p> <p><b>Pro Scooter Shop</b></p> <p><b>Challey Family</b></p> <p><b>Chinese Tea Set</b></p> <p><b>Coho Café</b></p> <p><b>Tanoor</b></p>
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# Math Club

Math Club is a PTSA sponsored program for 4<sup>th</sup> and 5<sup>th</sup> grade students who enjoy doing math!

Look for the Info session date and Registration date in your emails soon!

*Registration does NOT guarantee placement in Math Club. Participation is limited to about 22 4th grade students and 22 5th grade students, who will all be chosen on a first come, first served basis.*



We meet once a week **from 8:00am – 9:00am** before school starts. Sessions will be one of the following mornings: Tuesday or Wednesday (4th grade), Wednesday or Friday (5th grade). Kids will be coached by dedicated PTSA parent volunteers.

In Math Club, kids will be exposed to concepts that go deeper than what they would normally do in their classroom curriculums. Some of the many topics we discuss are algebra, geometry, probability, and statistics.

Kids will be given weekly homework assignments that consist of a few challenging problems that often require out-of-the box thinking.

We spend most of our Math Club meetings reviewing the solutions to the homework problems, discussing new concepts, and sometimes playing math games.

In addition, Math Club kids can choose to participate in one or more statewide math competitions in the spring, where they get a chance to show off their ability against kids from other nearby elementary schools.

Questions? Contact: [Reham Shehata](#)

## After School Classes

There is still time to register for Fall Drawing/Art and Yoga after school classes. Register NOW for Art and Drawing and receive a \$20 discount on enrollment! Reduced fee expires on midnight, Tuesday, October 3). See below for details.

Register at: [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org) and click on Enrichment Programs on left side.

### Drawing and Art by Young Rembrandts

Young Rembrandts introduces students to a fascinating world of color, pattern, and design as they create numerous drawings in realistic, graphic, and cartoon styles. Media includes pencil, color pencils, markers, and Sharpies. We provide all supplies and a trained instructor. Classes include a fun art history lesson every month. Right before winter break, we will create a special work of art suitable for gift giving. Everyone can learn to draw. We will teach you how!

<b>When:</b>	Mondays 3:40 - 4:50 pm	Fridays, 3:40 - 4:50
<b>Where</b>	Portable 3	Portable 3
<b>Grades:</b>	2 -5	K – 1
<b>Provider:</b>	Young Rembrandts	Young Rembrandts
<b>Duration:</b>	Oct 9 - Dec 11 (10 weeks)	Oct 9 - Dec 15 (10 weeks)
<b>Fee:</b>	\$175 (Save \$20 now!)	\$175 (Save \$20 now!)

### Yoga

Build internal and external strength through age appropriate yoga postures and flowing sequences.

<b>When:</b>	Thursdays, 3:45 - 4:45 pm
<b>Where:</b>	Stage
<b>Grades:</b>	K-5
<b>Provider:</b>	Kid Fit East
<b>Duration:</b>	Oct 5 - Nov 30 (8 weeks), no class 11/23
<b>Fee:</b>	\$120/student

# Movie Night

Our first Family Movie Night will be on Friday, November 3rd. This is a great event open to all our students and their families. Come in your comfy clothes and bring blankets and pillows to cozy up with friends for Rock Dog and popcorn. Raffle at the end of the show. If you would like to help with this event please contact our Movie Night Chair, Michelle Challey, at [mkchalley@gmail.com](mailto:mkchalley@gmail.com).

TIME: Doors Open 6:30, Movie Starts 7:00pm

WHERE: Coyote Café

FOOD: Don't have time to eat before the movie? No worries, we'll have Pizza, drinks and baked goods available for purchase. Popcorn and drink included with every ticket.

TICKETS: \$3 per person or \$10 per family. Buy Tickets at the door.



## Reflections

Calling all Coyotes to unleash your creative talents, be inspired and express imaginatively through your original works. 'Reflections' is a national, cultural arts competition where students create their original works in one or more of the following categories

- Dance Choreography
- Film Production
- Literature
- Music Composition
- Photography
- Visual Arts

The theme for the 2017-2018 school year is "Within Reach"

*Entries due for submission between Nov 1st and Nov 3rd*

*Students from all grades and abilities have the chance to represent Cascade Ridge in the District, State or even National Levels.*

Read more at <https://www.wastatepta.org/events-programs/reflections/>

Questions? Email: [reflections@cascaderidgeptsa.org](mailto:reflections@cascaderidgeptsa.org)

## Parent Education

Whether your kid is a first-timer or an old hand, Scholastic has some resources that will make sure your kid(s) get a running start on the new school year! [Read Back to School: Smart Start!](#)

Check out the top-notch lineup for [ParentWiser new Speaker Series 2017-18!](#) Parents will learn tips on managing devices & screentime, managing stress & anxiety, and dealing with adolescent and sibling behavior struggles. **Register** now for [iRules Workshop on Nov 8th](#) with Janell Burley Hofmann **(it's Parents' Night Out with food trucks!!)** and other cutting-edge parenting events!



## Volunteer Spotlight

The PTSA Board would like to spotlight **Lara Buis** as our October Volunteer of the Month!

Lara worked tirelessly procuring donations for our Coyote Color Run. Many hours went into collecting, organizing and preparing items to make our Silent Auction a huge success. Lara and her awesome family love traveling, boating, skiing, and just about anything else outdoors.

**Thank you Lara for all you do for Cascade Ridge!**





# Cascade Ridge Volunteer Opportunities

The PTSA would like to sincerely thank all of you who have signed up to chair a committee, volunteer in the classroom and support our Coyote Color Run. We could not possibly do all that we do without your time and commitment to our school. Volunteering is a great way to connect with our CRE Community and be an important part of the student experience. Please consider one of the following positions:

**Directory Chair** – Do your students love planning playdates, but you don't want them using your contact list on your cell phone? This job is for you! Using information gathered from the main office, you will format the school directory, send it to the printer and distribute it to students. This will be done in October/November and work is done from home. If interested, please contact Swati Jain [swatijainshah@yahoo.com](mailto:swatijainshah@yahoo.com).

**Passive Fundraising Chair** - This person will seek out and plan opportunities for the school community to raise funds for Cascade Ridge. For example, the Glassybaby sale during Science Fair, Community Dine Arounds, AmazonSmile, etc. These types of fundraisers give back a percentage of sales earned during the events. You will work with the PTSA VP of Fundraising. If interested, please contact Angela Fischer [afischer515@yahoo.com](mailto:afischer515@yahoo.com).

**Science Fair Chair** - This event (happening in March) provides an important growth opportunity for students of all grades to perform experiments at home and present their results at school. There are also cool demonstrations at the fair. This is a very popular event and it cannot happen without a Chair! For more information, contact [EnrichmentPrograms@cascaderidgeptsa.org](mailto:EnrichmentPrograms@cascaderidgeptsa.org).

**Calling All Bakers!** Sign up to be on our Baking Committee! This is a fun and easy way to volunteer. Sign ups are organized through Sign Up Genius for events throughout the year. Just sign up to bake and drop off your goodies at school in the morning. Our bake sales are always a big hit and teachers really appreciate the yummy treats they receive throughout the year! If you have any questions, please email Amy Ketcham at [aketcham@me.com](mailto:aketcham@me.com).

**VIS (Volunteers for Issaquah Schools) Committee Opening** – This position distributes information about our upcoming levy. If interested, please contact Jaime Foreman [jaimeforman@comcast.net](mailto:jaimeforman@comcast.net).

### *Volunteer Procedures*

We are very grateful to our volunteers who give their time and their talents to the students and staff at Cascade Ridge. Please remember to get your Washington State Patrol Form filled out. **All volunteers must complete an online application.** Please complete the application as soon as possible to avoid a delay in volunteering: <https://issaquahvolunteers.hrmlplus.net/>. All new volunteers are required to attend a mandatory Volunteer Orientation. Dates will be announced soon, so please watch for those!

For the safety of our school community, all visitors and volunteers are asked to sign in at the office upon arrival and sign out when leaving. Volunteer Badges need to be worn and visible at all times. If you do not have a Volunteer Badge with your picture on it, please come to Picture Day on September 26<sup>th</sup> to have your picture taken for free.

If you have any questions about volunteering with the PTSA, please contact Stephanie Middleton at [stephwamsley@gmail.com](mailto:stephwamsley@gmail.com).

## Peachjar

Issaquah School District delivers school information and approved flyers from community organizations electronically through this email service. These school-approved flyers are emailed directly to you. Additionally, you can view flyers by clicking the Peachjar button on your school's website homepage. There you can browse by category to see school and PTSA flyers and other flyers of interest to your family, such as sports camps or art classes.

**If Issaquah School District has your email address on file, then no action is required on your part.** However, to ensure smooth delivery of this communication, we suggest you add "school@peachjar.com" to your email contacts. When you receive your first eflyer, be sure to click "always display images." This system is used exclusively for distribution of school-approved flyers. Your email address will not be shared or used for any other purpose. Thank you for supporting our efforts to ensure parents are well informed about school programs, activities, and events.

# Thank You

PTSA wants to extend a sincere thank you to all of our volunteers! We could not possibly accomplish all that we do without your time and effort. Special thanks to:

- Angela Fischer and Holly Briscoe for chairing our first ever Color Run!
- Lisa Grady and Emily Ma for managing pre-ordered school supplies
- Jaime Foreman and Sandy McNees for coordinating the First Day Packet
- Shalini Sivakumar and Ajita Krishna, our dedicated webmasters
- Paula Koransky and AJ Henderson for organizing our family playdates/Kinderconnect/Tears and Cheers
- Maria Velasco for organizing our Back to School Popsicle Social
- Kanika Arora for acting as our Safety Patrol Liaison
- Nicole Brenner for organizing our Coyote Wear Fundraiser
- Paula Koransky and Michelle Lyman for coordinating our welcome back staff luncheon on the year and our PTSA board members for contributing the food
- Paula Koransky for organizing our first Talk with Tia
- PJ Maffet for taking charge of the PTSA bulletin board
- Stephanie Middleton, Mi Goelkel, Jyoti Bhana, Tiffany Parker, Kanika Arora, Kim Howe, Zhaoan Liu, and Gabriella Szilagyi for helping with Picture Day
- And of course, thank you to all of you who have signed up to support all our PTSA activities and help the teachers in your children's classrooms.

It is very important to us that we personally thank you for your volunteering efforts each month. If we have inadvertently missed a name from this list, please let Stephanie Middleton know at [stephwamsley@gmail.com](mailto:stephwamsley@gmail.com) and we will rectify in the next Howler.

# Community Relations

We hope you are off to a great start this school year! It was fun to see so many of you at our New Family Playdates and the Tears and Cheers breakfast for kindergarten parents. Thank you to our Hospitality and Kinder Connect Committees for hosting all of our events, and to Maria Velasco, our Popsicle Social Chair. Please join us in thanking the Klahanie QFC for providing the popsicles we enjoyed after Meet the Teacher. We really appreciate their support and generous donation. Up next is our Fall PTSA Social in October. Hope to see you there!



## Fall PTSA Social

Please join us for pumpkin spice and other things nice!

**Friday, October 27, 2017**

**10am - 11:30am**

at the home of Paula Koransky, PTSA Community Relations VP

This is a casual gathering for all parents. Whether you are new to Cascade Ridge and looking to connect with other parents or have been here all along, we'd love for you to join us.

- Just to socialize
- To meet the PTSA Board and put a face with a name
- To find out more about our volunteer opportunities and how you can get involved

*Please RSVP directly to Paula Koransky at [paulakoransky@me.com](mailto:paulakoransky@me.com) by Wednesday, October 25th.*

## Cascade Ridge Socks

Available to purchase and take home today for just \$12.

Contact Nicole Brenner at [nicbrenner@yahoo.com](mailto:nicbrenner@yahoo.com) to get yours!



## Come out and Play!

Don't forget to join your student(s) on the playground throughout the school year! On the first Friday of each month, we invite all Dads (Moms, grandparents or other special guests too) to join us on the playground during recess. The kids love to see their loved ones during the school day. Visitors sign in at the front office, get a visitor's badge and then join your student outside for recess! Please remember to get your [Washington State Patrol Form](#) filled out. This must be turned in before you can attend a play date! Forms can be found in the office or online on the school website under Quick Links. A new one needs to be filled out every year. Upcoming dates are...

Upcoming dates are...

**October 6th**

November 3rd

# Cascade Ridge PTSA: We're Online, All the Time!

Did you know you can have school and PTSA events automatically added and updated into your calendar app of choice? Checkout the details at: <http://cascaderidgeptsa.org/Event/ViewElsewhere> (you'll need to be logged into your PTSA account.)

Another way to stay connected: "Like" us on [Facebook](#)! Get the most up to date information on all upcoming school and PTSA events, Spirit Days, late-breaking news and everything else relevant to our school community right in your news feed. If you like our page already but aren't seeing our news on your feed, make sure to check our page every Monday for new posts. Don't forget to tell your Cascade Ridge friends to like us too!



## Calendar Update

In an effort to ensure the school-year calendar is always current, we will not be printing it in the monthly Howler. You can always find the most up to date information on the PTSA Web site at: <http://cascaderidgeptsa.org/Event/MonthCalendar>

