



# COYOTE HOWLER

## November Events

---

**November 1st - 4th:** Book Fair

**November 3rd:** Picture Retake Day

**November 4th:** Parent Play Day/Coyote Wear/Popcorn Friday

**November 4th:** Movie Night at 6:30p

**November 11th:** No School

**November 28th - December 2nd:** Holiday Gift Barn Collection

## PRESIDENT'S LETTER

The month of November makes me think of being thankful. I want to take a moment and share all of the things I am thankful for at Cascade Ridge...

I am thankful for all of our volunteers who donate hours of their time working in the classroom, at events and behind the scenes. From art docents to walk-a-thon volunteers, we couldn't do it without you!

I am thankful for our PTSA Board for all of the work they do to bring amazing programs and events to Cascade Ridge.

I am thankful for the Cascade Ridge Staff for supporting the PTSA.

I am thankful for the Cascade Ridge Community for making Cascade Ridge such an amazing place for all of our children!

We hope you take a moment this month to enjoy the book fair, have some family time at movie night and take the opportunity to give back during our Holiday Gift Barn Collection.

Happy Thanksgiving!

Jaime Foreman

PTSA President



## Cascade Ridge Elementary Library

**Tuesday, November 1**

3:00 to 8:00 PM

**Wednesday, November 2**

1:00 to 5:00 PM

**Thursday, November 3**

3:00 to 7:00 PM

**Friday, November 4**

3:00 to 6:30 PM



Don't forget to stop by the Classroom Wish List display while visiting the Book Fair!  
Help add books to our teachers' shelves by purchasing books  
and donating them to your child's classroom. Thank you!

# FAMILY MOVIE NIGHT - THE JUNGLE BOOK

Family Movie Night is this coming **Friday November 4th!** Come join Mowgli and his pals Bagheera and Baloo on their journey in The Jungle Book. Come in comfy clothes and bring pillows, sleeping bag or blankets!

WHEN: Friday, November 4th

TIME: **Doors Open 6:30**, Movie Starts 7:00pm

WHERE: Coyote Café

FOOD: Don't have time to eat before the movie? No worries, we'll have **Pizza, drinks** and **baked goods** available for purchase. Popcorn, Drink & Treat included with every ticket.

TICKETS: **\$3 per person** or **\$10 per family**. Buy Tickets at the door.

RAFFLE: Stay until the end when we'll **raffle off the movie** and a few of your **favorite jungle book characters**



# FAMILY ENGINEERING NIGHT - CHAIR NEEDED

We are excited to announce that Issaquah School District is sponsoring each school to host a Family Engineering Night! What is Family Engineering Night?

Family Engineering Night is a valuable resource for providing informal engineering learning experiences to elementary age children and their families. Developed with support from the National Science Foundation and modeled after the Family Science and Family Math programs, Family Engineering promotes 21st Century skills of inquiry, creativity, teamwork, and collaborative problem solving.

Family Engineering Night is:

- families engaged in fun, hands-on activities and events
- families learning about what engineers do and the role engineering plays in everyday life
- families discovering the many career opportunities in engineering

We are looking for someone to chair this event with Mrs. Lichtenberger, our SAGE teacher. We hope to hold this event on February 16<sup>th</sup>. You will have all materials supplied for you. Your main responsibilities will be helping to coordinate volunteers (we need 15-20), working with Mrs. Lichtenberger to finalize which projects to work on and how to set up this type of event. You will have lots of support! Feel free to check out the website at: <http://www.familyengineering.org/>

Please contact Carolyn Roberts at [tycar74@hotmail.com](mailto:tycar74@hotmail.com) if you are interested in chairing or volunteering for this innovative event!

## PARENT ED CORNER

As part of the changes happening in Issaquah School District in regards to Parent Education, a new website has been created. It is definitely worth a look:

[www.parentwiser.org](http://www.parentwiser.org) This is where you can find all the offerings through the district as well as register for the events which require it.

The next two events that are being offered are:

Brandyn Roark & Kire Dassel

### **Parenting and the Developing Mind**

November 7, 2016 7:00 PM

Join us for another wonderful talk from the Brooks Powers Group. This training is a culmination of brain science and research for parents about how and when children's minds/brains develop and how they can "follow, shape, and guide" the needs of their child's developing mind from kindergarten to adolescents. We discuss key components in knowing what we can expect from our children at various stages in their development. In addition, you will learn how to identify when or if your child needs additional support to manage life's hurdles.

Issaquah High School, 700 2nd Ave SE, Issaquah, WA 98027

Officer Diego Zanella

### **Run, Hide, Fight**

November 21, 2016 7:00 PM

More and more we're hearing about shooters in schools, offices, churches and around town. It's an unfortunate but real threat in today's society. In fact in 2011, there was a shooter in Issaquah. Have you ever thought about what you would need to do to keep you and your family safe? Join Officer Diego Zanella, School Resource Officer at Issaquah High School and Active Shooter Trainer for the Issaquah Police Department, for an informative, and potentially life saving, safety talk.

# VOLUNTEER SPOTLIGHT

The PTSA Board would like to spotlight as our November Volunteer of the Month

## **Carol Folkman**

Carol was the force behind the popular obstacle course at the Hawkathon. Many hours went into preparing and collecting items to make the obstacle course a fun event for all. Carol can also be found serving popcorn on Popcorn Fridays.

***Thank you Carol for all you do for Cascade Ridge!***



## CARING THROUGH SHARING

Cascade Ridge is once again collecting holiday gifts for Issaquah families in need. We are partnering with the Issaquah Food Bank to help fill their Holiday Gift Barn. The Food Bank will set up a 'store' at Pickering Barn where families can shop for needed items and holiday gifts. Caring Through Sharing representatives will visit each classroom and share more information with your students. You can bring in an item from the theme, OR donate a grocery gift card, OR donate gift wrapping supplies.

Grade Level Themes are as follows:

K and LRC: Baby supplies, Diapers, wipes, clothes, toys, bibs

1st grade: Art supplies/school supplies

2nd grade: pajamas, socks, underwear (all sizes boy or girl), purses and make-up/nail polish for teens

3rd grade: board games and bedroom decorations/wall art

4th grade: hats, gloves, scarfs in any size for boys and girls and Seahawks or Sounders clothing for teens

5th grade: Books, DVD's, video games for elementary and teens

Donations will be collected in the classroom the week of **November 28-December 2**. All items need to be **new and unwrapped**. Please bring items to your classroom and leave them in the designated Caring Through Sharing boxes. Gifts will be delivered to the Gift Barn on December 5<sup>th</sup>!

If you have questions please contact your classroom rep. Participation is optional, of course. Thank you, in advance, for your help in making the holidays brighter for so many local families!



## PTSA TREASURER NEEDED

Are you good with numbers? Will you be the one to help us in this time of need? We are desperately seeking a treasurer. This role is vital for the successful execution of the PTSA. We currently have Krystl the Fundraising Chair doing an amazing job doing double duty.

See the [PTSA website](#) for a full description.

If interested, please contact Ajita Krishnan/Nadia Ali: [volunteers@cascaderidgeptsa.org](mailto:volunteers@cascaderidgeptsa.org)

## COYOTE ART WALK CHAIR NEEDED

The PTSA is seeking a Chairperson to coordinate the Spring Coyote Art Walk. This event showcases arts and crafts created through the year by our kids under the guidance of the classroom art docents.

Grab a friend to co-chair! Plenty of support is available for this popular school event. If you are interested, please contact Carolyn Roberts at [tycar74@hotmail.com](mailto:tycar74@hotmail.com)

## THANK YOU VOLUNTEERS



*Thank You Volunteers*

We are so grateful to all our volunteers!

Thanks so much to the wonderful ladies who helped with Vision and Hearing Screening. This is a long day for students and staff, and you were a great team, keeping everything moving quickly and smoothly. Thank you for spending all those hours at the school. And a special thanks to those who filled in at the last minute!

Carolyn Roberts, Elana Clayton, Jennifer Belding, Jennifer Spence, Jyoti Bhana, Kanika Arora, Kelly Huber, Khristie Tobler, Kristen Gehrett, Krystl McCandlish, Letchmi Kanasu, Linda Schnell, Marci Bartholomae, Mi Goelkel, Michelle Lyman, Nadia Ali, Nathalie Fusaro, Ooma Palaniappan, Ripal Shah, Sandhya Kumar, Shama Bildikar, Sophie Huang and Swati Jain

We would like to thank our enthusiastic popcorn stand volunteers who help to make Parent Play Day a extra special.

Ana Malloy, Carol Folkman, Darlene Baker, Paula Koransky, Jaime Foreman, Connie Jackson and Noha Ashour

A big thank you Dafna Tarlowe, the awesome coordinator of all the Room Coordinators!

Thank you to Kanika Arora for getting the Math Club program off to a fantastic start, and to our tireless coaches: Jyot Kumar, Gaurav Marwaha, Michelle Yip, Ram Parimi, Reham Shehata, and Veena Rao

Last but not the least, thank you to Dan Miller for pulling the Howler together each month.

*It is our hope that we thank by name each and every one of the amazing volunteers that make the PTSA activities possible. Please do forgive any inadvertent omissions from this list, and do let us know at [volunteers@cascaderidgeptsa.org](mailto:volunteers@cascaderidgeptsa.org) and we will correct the oversight in the next edition of the Howler.*



Hey PTSA members! Check out the great discounts coming up in November and December from the Washington State PTA!

[http://www.wastatepta.org/leadership/benefit\\_promo\\_codes.html](http://www.wastatepta.org/leadership/benefit_promo_codes.html)

## **GIRLS ON THE RUN - VOLUNTEER COACHES NEEDED**

Are you interested in helping start Girls on the Run at Cascade Ridge? This program aims at helping 3rd – 5th grade girls celebrate being girls! Through this non-competitive program girls run, play active games, talk about important issues, eat snacks and focus on building their self-esteem and improving their physical and emotional health. We need volunteer coaches in order to run this program in the spring. Please contact Carolyn Roberts at [tycar74@hotmail.com](mailto:tycar74@hotmail.com) if you are interested in helping.

# HOLIDAY HAPPENINGS

## Lunch for the Break

Lunch for the Break helps bridge the food gap during long school breaks. While this is a joyful, fun time for most families, for some it can be a source of stress as they struggle to fill the gap left by free/reduced school lunches.



Lunch for the Break is now serving ALL schools in the Issaquah School District!

We will serve all the school age children in the family, but at least one student must attend one of the listed schools. Each school age child will receive a box of food.

Each box will be exactly the same - donors will follow a shopping list and drop off completed boxes at one of three locations.

To register as a donor for Winter Break 2016, click [here](#).

For the shopping list (as well as our awesome Lunch for the Break site), click [here](#).

To register to receive food for Winter Break 2016 click [here](#) for English or [aqui](#) para espanol.

Questions? Email Rebecca or call 425-392-4123 x11.

## Holiday Bazaar

*Skyline High School – Sammamish, WA  
Saturday Dec 3, 2016: 9AM – 3PM*

The Skyline Holiday Bazaar is a festive holiday shopping visit with local artisans and crafters.

In addition to local artisans and crafters, there will also be a bake sale sponsored by the senior class, musical performances by middle and high schoolers, opportunities for photos with Santa from 11am-2pm, and a raffle drawing with many, many wonderful gifts to choose from.

We hope you'll join us!

For more information, visit our website <http://skylineboosterclub.com/Page/Fundraisers/Holiday%20Bazaar>

**Questions?** Contact the Bazaar Chair: **Kelly Smith** [bazaar@skylineboosterclub.com](mailto:bazaar@skylineboosterclub.com)

## SKI BUS

Did you know that there has been a ski bus in the winter on Wed afternoons for Cascade Ridge students? This will be our 4<sup>th</sup> year of having a ski bus that picks students up outside Cascade Ridge at 1:00 on Wednesdays. The program starts January 11<sup>th</sup> and runs for 6 weeks. The kids will have 2 1/2 hour ski/snow board lessons at Snoqualmie Pass and then the bus brings them back to the school around 6:00 pm. This is offered for kids in 1st-5th grade (kindergarten by special permission). This great program is offered by an outside company, Snow Sports Consulting, and isn't affiliated with the PTSA or Cascade Ridge in any way. No ski/snow board equipment may be brought to school, so someone must meet students outside after school on Wednesdays with their gear. For more info and to print a form, please visit <http://snowsportsconsultingservice.com/student-forms.html>. Note, forms must be mailed in with registration fees. Other questions may be directed to Marci Bartholomae at [kevin\\_marci@hotmail.com](mailto:kevin_marci@hotmail.com). We are looking forward to having your kids join us on the snow this year!

## TALENT SHOW

### THE STAGE IS WAITING FOR YOU!

There is so much talent at Cascade Ridge Elementary, it wouldn't be right to not put it in the spotlight! The annual CASCADE RIDGE TALENT SHOW will take place in **January 2017!** Whether you can dance, sing, tell jokes, juggle, play an instrument, or even do a little magic; this is your time to shine and share your talent with our Coyote Community! Rehearsals for all acts will be held the week of January 16<sup>th</sup> and the show will take place the following week. Registration will open in December. Watch for more details to be coming soon. Contact Angela Fischer at [afischer515@yahoo.com](mailto:afischer515@yahoo.com) with questions.



*Start preparing your acts now – Lights, Camera, Action!*

# BROWN BEAR CARWASH

Order now!

Order your Brown Bear Car Wash tickets today! Get a clean car, save money and earn \$\$\$ for Cascade Ridge PTSA! For every \$5 ticket purchased CRE PTSA earns \$3.50 (normal price for basic exterior car wash is \$8.00).

PTSA Website:

Now you can order your car wash tickets from the PTSA website with an option to pay via credit card or check. The tickets will be delivered to your child through their classroom, within a few days after payment is received.

We have 4 packages available online:

1 for \$5

4 for \$20

10 for \$50

20 for \$100

<http://cascaderidgeptsa.org/Packet/PassiveFundraising>

THANK YOU FOR SUPPORTING CASCADE RIDGE PTSA!!



## FUNDRAISING

Do all your online shopping through Amazon Smile! The link below will take you directly to the Cascade Ridge PTSA sponsor page. Shop as you normally would, using your regular or Prime account. Amazon will donate 0.5% of eligible AmazonSmile purchases directly to the PTSA.



to

Start shopping: <https://smile.amazon.com/ch/91-2113434>



Collecting and turning in box tops is an easy way for you to help earn money for Cascade Ridge PTSA. We are hoping to reach our goal of \$1,000 again this year. Start collecting your box tops today and keep an eye out for turn-in dates and class competition details.

If you aren't familiar with the "Box Tops for Education" program or want to see a list of eligible products, please visit [www.boxtops4education.com](http://www.boxtops4education.com).



Get **MORE** from the products you love through Kellogg's Family Rewards! Here's how it works:

**COLLECT** Collect codes found on packages with the Kellogg's Family Rewards logo. You'll earn rewards just for enjoying your favorite cereals, crackers, cookies, snacks and frozen foods.

**ENTER** Enter the codes at [www.kelloggsfamilyrewards.com](http://www.kelloggsfamilyrewards.com) to earn points. Each time you enter a code, you could win FREE GROCERIES from Kellogg's.

**REDEEM** Redeem points and let the fun begin. Donate your Kellogg's Family Rewards points to Cascade Ridge Elementary PTSA!

## CASCADE RIDGE PTSA: WE'RE ONLINE, ALL THE TIME!

Did you know you can have school and PTSA events automatically added and updated into your calendar app of choice? Checkout the details at: <http://cascaderidgeptsa.org/Event/ViewElsewhere> (you'll need to be logged into your PTSA account.)

Another way to stay connected: "Like" us on [Facebook](#)! Get the most up to date information on all upcoming school and PTSA events, Spirit Days, late-breaking news and everything else relevant to our school community right in your news feed. If you like our page already but aren't seeing our news on your feed, make sure to check our page every Monday for new posts. Don't forget to tell your Cascade Ridge friends to like us too!



## CALENDAR UPDATE

In an effort to ensure the school-year calendar is always current, we will not be printing it in the monthly Howler. You can always find the most up to date information on the PTSA Web site at: <http://cascaderidgeptsa.org/Event/MonthCalendar>



## COME OUT AND PLAY!

Don't forget to join your student(s) on the playground throughout the school year! On the first Friday of each month, we invite all Dads (Moms, grandparents or other special guests too) to join us on the playground during recess. The kids love to see their loved ones during the school day. Visitors sign in at the front office, get a visitor's badge and then join your student outside for recess! Please remember to get your [Washington State Patrol Form](#) filled out. This must be turned in before you can attend a play date! Forms can be found in the office or online on the school website under Quick Links. A new one needs to be filled out every year. Upcoming dates are...

Upcoming dates are...

**November 4th**

December 2nd