



COYOTE HOWLER

March Events

March 2nd: Kindergarten
Registration at 1:30p

March 3rd: Kindergarten
Registration at 9:00a

March 4th: Student Council at
7:45a

March 4th: Parent Play Day,
Popcorn Friday and Coyote
Gear Day

March 7th: Site Council
Meeting at 3:15p

March 8th: Five Guys
Fundraiser

March 13th: Daylight Savings
Time Begins

March 22nd: Parent Education
- Kids Privacy at 7:00p

March 28th: Science Tech Info
Night at 6:00p

March 31st: Science Fair at
6:00p

PRESIDENT'S LETTER

Membership March

A well-known advertising campaign claims 'membership has its privileges' ... and the same holds true for PTSA membership! It's not too late to join to get some great benefits now and throughout the summer, including discounts at Great Wolf Lodge, Fedex Office, Key Arena, Barnes & Noble and more! Visit www.cascaderidgeptsa.org to complete your membership today! (For a full list of discounts/benefits, please visit <http://www.issaquahptsa.org/membership-has-benefits>)

Membership also means you receive all PTSA communications, including important reminders about events such as the Science Fair, coming up on March 31st and our next general membership meeting on April 22nd at 830am where we will vote on our new slate of officers for 2016-17.

Did you know... PTSA membership in the Issaquah School District is the highest in the state?! One in every ten members live in our school district! Our parents understand the important role PTSA plays as schools become more and more dependent on financial assistance, as well as significant contributions to a caring and supportive atmosphere in the school.

Be connected. Be a role model. Be your child's biggest fan! Be a member today!

Kelly

kellyahuber@aol.com

SPELLING BEE CONGRATULATIONS



The last week in February was a whirlwind of excitement as over 160 Cascade Ridge students took center stage and brilliantly spelled words like ostensibly and commodious. We are so proud of each one of you!

Additional thanks to our wonderful volunteers - Darlene Baker, Melissa Bortnick, Shalini C., Lindsey Thomas, Kayo Stone, Ramya Krishna, Bhavani Arutla, Pankaj Kakkar, Anamika Malhotra, Shannon Romanski, Zhihong Yan, Kara, Priya Talreja, Shilpa Tiwari, Ahmed Badran, Jenna Badran, Marci Barholomae, Sandhya Kumar, Julia Yu & Lynn Su. As well as current and past students - Ishan Vig (BLMS student), Zach Zener (BLMS student), Yusuf Badran & Noor Badran for their help volunteering during the Spelling Bee!

A special thanks to the pronouncers, and people who helped in planning the event - Kelly Huber, Teresa Mundel, Jennifer Sehlin, Carolyn Roberts, Krystl McCandlish, and Natalie Fowler.

And to Shawna, Jim & Kevin Folkman as well as all the parents who helped during the event evenings.

Special Congratulations go to the following spellers:

<p>Kindergarten Winning word: "regular"</p> <p>1st – <u>Amatra Jagannathan</u> 2nd – <u>Kyan Gatewood</u> 3rd – Stephan Yang</p>	<p>1st Grade Winning word: "knight"</p> <p>1st – Emily Shang 2nd – Jessica Charles 3rd – Ethan Nguyen</p>	<p>2nd Grade Winning word: "journalism"</p> <p>1st – <u>Yichen Sun</u> 2nd – <u>Ishita Vig</u> 3rd – Olivia Yang</p>
<p>3rd Grade Winning word: "entirety"</p> <p>1st – Dave Yoon 2nd – Ethan Go 3rd – Winter Chiu</p>	<p>4th Grade Winning word: "smorgasbord"</p> <p>1st – <u>Nakula Prabakaran</u> 2nd – <u>Vasudha Ravivarma</u> 3rd – <u>Haolin Cong</u></p>	<p>5th Grade Winning word: "augment"</p> <p>1st – <u>Shea Tulloch</u> 2nd – Bryce Wang 3rd – <u>Himaja Kotti</u></p>

GLASSYBABY IS COMING TO CASCADE RIDGE!!

During our Science Fair on Thursday, March 31st (6-8pm) we will have a representative from Glassbaby come with a variety of glass votives, "glassybabies," to choose from. They will be on sale to take home that evening! We will also have an online link that week for those who cannot make it or want to continue shopping!



Cascade Ridge will receive 10% of all sales made! For more information on Glassbaby, check out: www.glassybaby.com

SEEKING PTSA BOARD NOMINATIONS

Nominations are being accepted for the 2016-2017 school year and we invite interested PTSA members to step up!

Are you interested in being on our PTSA Board or do you know someone who would be really great in a board position next year? Our Nominating Committee is collecting the names to slate for our 2016-2017 PTSA Board, and we always want to get a diverse group of members from our broad community. Please take a look on our website www.cascaderidgeptsa.org (click on PTSA and then Board Members) and let us know who would fit any of these positions. If you know of someone who would make a great board member but you're not sure about which position, we also want to hear from you!

Please send your PTSA Board candidate names to any of the following Nominating Committee members:

Angela Fischer	afischer515@yahoo.com
Jackie Mueller	jackie.mueller1@comcast.net
Sandy Mcnees	sandy_mcnees@hotmail.com
Mary Jo Webb	maryjowebb@yahoo.com
Jen Belding	jhbelding@hotmail.com

Thank you!

CRE PTSA Nominating Committee

SCIENCE FAIR 2016

It is that time of the year once again, when we bring to you our budding scientists with their amazing experiments, innovation and out of the box thinking!!!!

Come join the Cascade Ridge Team of scientists on Thursday, March 31, at the Science Fair 2016 from 6:00 pm to 8:00 pm.

We have some exciting exhibits lined up for you yet again from Fitness to Nutrition to Reptiles to Laser to Salmon Dissections to just name a few . Come along with your family to this great Cascade Ridge tradition and enjoy a fun filled family night with pizzas, scientific snacks, drinks and lots of sweet treats to purchase - yum!!!!

For grades K- 4, the Registration deadline is March 14, 2016 so go online at cascaderidgeptsa.org to register now. Don't forget to order your colorful project display boards and help fund the Science Fair. Find all kinds of information to help you with your experiments!

We need volunteers to pull off this great event! If you are able to volunteer for one of the many areas of this event (set-up, judging, concessions, assistance with various activities at the Fair, tear-down) please sign-up when registering your student for the science fair or contact sciencefair@cascaderidgeptsa.org.

Lastly, don't forget to capture the moment of your scientist in action, and send it across to us to be displayed during the Science Fair. Please remember to submit the pictures to sciencefair@cascaderidgeptsa.org by March 25, 2016.

SEATTLE....SOUNDERS

Coming this May...Cascade Ridge Elementary Night with The Seattle Sounders FC!

Keep your eyes posted for more information coming soon about a night out to see the Sounders play! Cascade Ridge will benefit from each ticket purchased! Tickets will be \$21 each, and \$3 will be donated back to our school. Exact dates/times will be posted soon!

CASCADE RIDGE



SCIENCE FAIR 2016



CALL FOR ART: 2016-2017 PRINT CALENDAR

The Issaquah School District Student Art Calendar will be printed again for 2016-2017, thanks to a continuing partnership with the Issaquah Press. Every family and staff member in the Issaquah School District will once again receive a free print copy of the Student Art Calendar in the 2016-2017 school year! Every current student in the District is invited to submit artwork to fill the pages for thousands of homes and offices. Get your creative juices flowing! Artwork submissions will be accepted until Friday, April 1, 2016, at 4:00 p.m. Click [here](#) for full details!



DINNER OUT AT FIVE GUYS-ISSAQUAH

No RSVP's needed! Take the family out to dinner (or simply get take out) on Tuesday, March 8th (anytime between 4-10pm) at Five Guys in Issaquah (755 NW Gilman Blvd), mention you are with Cascade Ridge and 15% of your total bill will be donated back to our school! Mark your calendars now!

2ND ANNUAL BOOK SWAP

As part of our 2016 Earth Week celebration, the Book Swap is back! Students are invited to bring gently used books to SWAP for "new to you" books & SHARE the love of reading with other kids!

- Drop off your books **BEFORE SCHOOL on Tuesday, April 19th**. Come back to choose your "new to you" books during 2nd recess.
- K-6th grade reading level only, no board books please.
- Swap as many books as you would like (no limit!). Leftover books will be used to build classroom libraries for our teachers and donated to local charities.



Volunteers needed to help with book collection before school, sorting, set up and clean up. Check out Volunteer Spot to sign up! <http://vols.pt/CJvyFU>

Questions? Contact Michele Brady at brady1093@yahoo.com.

TALENT SHOW

Please mark your Calendar for the annual Cascade Ridge Talent Show which is scheduled for April 27th and April 28th, 6-8:30PM. All children are welcome to participate. Rehearsals will be April 20th and 21st. Please watch for more details coming soon. If you have questions or would like to volunteer to help at this popular event please contact our Talent Show Chairperson, **Angela Nicola** at angela.n.nicola@gmail.com.

FIFTH GRADE NEWS

Next Newsletter Publication

Look for the second edition of the 5th Grade Newsletter this week via room coordinators for up to date information on camp, service project, ceremony and party!

Fifth-Grade News is Online, All of the Time!

You can keep track of 5th-grade news and events by clicking on the "News" icon on the PTSA website, or bookmark this link: <http://cascaderidgeptsa.org/Page/Newsletter/5thGrade>.

Fifth-Grade Cast-Off Ceremony Slideshow – Deadline April 4th

This year for the 5th grade slideshow, we would like to include pictures of the 5th graders throughout their entire time at Cascade Ridge. We will be taking photos throughout their 5th grade year, but we could use your help in providing photos from Kindergarten through 4th grade. Please upload no more than 3 pictures to the following site by Monday April 4th:

K-4th Grade Photos

<https://onedrive.live.com/?cid=061d00f9ab202f69&id=61D00F9AB202F69%2121202&authkey=%21ADAq09YTzOoV4ek>

PARENT ED CORNER

Great event alert!!!! We've got another amazing speaker coming to Cascade Ridge Elementary! Mark your calendars for **Tuesday, March 22nd from 7-8:30pm in the Café**. Anne Livingston from KidsPrivacy will be coming to talk with our families about **cyber bullying, online safety and tech management**. This is information that is so important! Please plan to be there, we are so lucky to be offered these amazing workshops **FREE** of charge!

COMING SOON: All About Growing-Up! – Family Puberty Workshop

Learn all about puberty in this fun, informative workshop. From body changes and periods to mood swings and crushes. *All About Growing Up* is a 2-hour workshop for parents and their 9-11 year old children. Facilitated by educator Robin Wallace-Wright of The Wright Conversations, this family-oriented workshop provides a safe, comfortable environment to learn and talk about puberty. The evening includes a short video, interactive activities, and opportunities to get all questions answered. Healthy friendships and boundary setting are also covered. Come learn how to best support and guide your child as they begin their journey towards adulthood.

Date(s): 03/09/16 (boys and parents)

03/14/16 (girls and parents)

Time: 6:30-8:30 pm

Location: Cascade Ridge Library

Fee: \$40/family

To register, just click on the following link:

<http://www.thewrightconversations.com/cascade-ridge.html>

There are some other valuable workshops going on around the district as well!

Anxiety – Yours, Mine and Ours, by *Laura Kastner PhD*. Tues, Mar 8th, 2016, from 7:00-8:30pm at the Issaquah High School, Theater (for parents of middle/high school teens)

This lecture will discuss research on teen stress by author of *Wise Minded Parenting* (among other publications), Laura Kastner PhD. Some stress is good! Challenges energize, focus and motivate us. Stress management and resilience are key personal strengths that can determine success or failure. Learn how to help, rather than hinder, your teens' stress management.

What do our kids need to know about money and finances? by Ron Lieber Tues, Mar 15th, 2016 from 7:00-8:30pm at Mercer Island High School(for parents with kids of all ages, \$10 at the door)

Ron Lieber, author of NY Times bestseller "The Opposite of Spoiled - Raising Kids Who are Grounded, Generous, and Smart About Money", gives parents practical advice on how to have honest conversations with children of all ages about money. Learn how talking about money can teach life lessons and impart strong values by teaching modesty, patience, generosity and perspective

BOX TOP CLASSROOM COMPETITION RESULTS

Ms. Perkin's class collected the most Box Tops and will receive a Yo Plateau class party! They turned in an amazing 919 Box Tops!

In second place was Mrs. Page's class with 741, and in third place was Mrs. Christensen's class with 637!



Thank you to all the families who took the time to find, clip and turn in their Box Tops. We collected over 9,000 Box Tops which will result in earning over \$900 towards our school programs.

Also, a big thanks to the Box Top class reps who assisted in collecting, sorting, and counting Box Tops.

Keep clipping and saving your Box Tops! We will have another collection in the fall.

VOLUNTEERS NEEDED

Spring is almost here and so are our most popular events! Both these events are immensely enjoyed by kids and adults alike and for that we need the support of our amazing team of parent volunteers and Middle and High School student volunteers. Please consider signing up your kids and yourself to help out on the following days.

The Science Fair is on March 31.

Volunteers are needed for judging, award distribution, science demonstrations, concessions, set up and tear-down. More help means better organization and more fun!!

Please contact Sandhya at sandhyarahulkumar@gmail.com to volunteer for the Science Fair.

Talent Show is on April 27 and April 28.

This event needs a Master of Ceremonies. We also need volunteers who can help out with the technicalities of the sound system and acoustics. General organizing and coordinating help is also needed and we can never have enough help!

To help out with the Talent Show please contact Carolyn Roberts at tycar74@hotmail.com

Math Club Coaches

Believe it or not, we are already planning for the Math Club for the next school year! With 8 dedicated coaches we had an enrollment of 70 kids in the Math Club this year. The present 3rd grade will be needing parent volunteers who will be the coaches for the 4th grade next school year. This is a weekly commitment for the entire school year and our goal is to have 2 coaches per class. If you like to talk math and would like to share your passion by coaching the eager 4th grade of 2016-17, you might want to sign up to be a coach!! For more information and details, please contact Kanika Arora at kanika.0810@gmail.com.

PTSA VOLUNTEER SPOTLIGHT

Dafna Tarlowe can always be counted on to help not only in the classroom, but also with school activities – even with only a moment's notice!

She has served as the chairperson of our room coordinators for the past two years – and she is always instrumental in clarifying communications and processes for our 20+ room coordinators.

As a chairperson of the service project for our 5th grade committee, Dafna spearheaded the research, selection and implementation of a new service project for our Cascade Ridge outgoing 5th grade students – this was no easy feat!



Dafna also spent time working with the Holiday Gift Barn collection, the distribution of gifts and volunteered her time at Pickering Barn during the family shopping event.

Thank you, Dafna, for being such a great asset to our school! We are so lucky to have you as part of our volunteer force, and the Cascade Ridge PTSA thanks for your dedication!

SCHOOL BOND UP FOR VOTE APRIL 26TH

On October 28, 2015, the Issaquah District School Board approved the \$533,500,000 school bond ballot resolution to be put before the voters on April 26, 2016.

At our January membership meeting, the Cascade Ridge PTSA Board and members in attendance voted to support the endorsement of the Issaquah School Bond.

Want to learn more about the bond? <http://issaquah.wednet.edu/2016-school-bond-feasibility>

For a definitive list of the 2016 Superintendent Recommendation Bond Projects: <http://issaquah.wednet.edu/docs/default-source/district/bond/2016/superintendent-39-s-bond-rec-2016.pdf?sfvrsn=2>

Want to find out who else endorses the Issaquah School Bond, or would you like to endorse it yourself? The following lists individuals and organizations endorsing the bond: <http://www.visvote.org/endorsements-2016/>

THANK YOU TO OUR VOLUNTEERS

A huge thanks to Reham Shehata and her team of volunteers for putting together the Scripps Spelling Bee for our school. This is the 2nd time Cascade Ridge has registered with National Scripps Spelling Bee Program and that requires a lot of effort to make sure all rules are read, understood and followed. The cute little reminders of the "Bee" that we have seen all over the school made it a much anticipated event. Thank you so much Reham for your time, effort and dedication to this event!

Thank you Kellie, Lara Buis, Jaime Foreman, Karla Rager, Jen Belding, Carol Folkman, Ana Malloy, Amy Simpson, Marci Bartholomae for making the kids happy with your smiling faces and the freshly popped popcorn on the January and February Popcorn Fridays.

Thank you to all our party coordinators and room parents for organizing the Valentine's Day Parties. It would not have been possible without all the parents who helped out in the classrooms, took pictures and filled the day with even more love. The kids had a wonderful time! Thank you!!

It is our endeavor to thank and mention by name all our hardworking volunteers every month. Sometimes we do not have all names of the volunteers who help out or might inadvertently omit to mention some volunteers. If you notice that, please do let us know and we'll make it right in the newsletter next month!

PTSA VOLUNTEER SERVICE AWARDS

Thank you for your nominations for the PTSA service awards - Golden Acorn - Outstanding Advocate - and Honorary Lifetime Membership.

Winners will be announced early March.

CASCADE RIDGE PTSA: WE'RE ONLINE, ALL THE TIME!

Did you know you can have school and PTSA events automatically added and updated into your calendar app of choice? Checkout the details at: <http://cascaderidgeptsa.org/Event/ViewElsewhere> (you'll need to be logged into your PTSA account.)

Another way to stay connected: "Like" us on [Facebook](#)! Get the most up to date information on all upcoming school and PTSA events, Spirit Days, late-breaking news and everything else relevant to our school community right in your news feed. If you like our page already but aren't seeing our news on your feed, make sure to check our page every Monday for new posts. Don't forget to tell your Cascade Ridge friends to like us too!



CALENDAR UPDATE

In an effort to ensure the school-year calendar is always current, we will not be printing it in the monthly Howler. You can always find the most up to date information on the PTSA Web site at: <http://cascaderidgeptsa.org/Event/MonthCalendar>



COME OUT AND PLAY!

Don't forget to join your student(s) on the playground throughout the school year! On the first Friday of each month, we invite all Dads (Moms, grandparents or other special guests too) to join us on the playground during recess. The kids love to see their loved ones during the school day. Visitors sign in at the front office, get a visitor's badge and then join your student outside for recess! Please remember to get your [Washington State Patrol Form](#) filled out. This must be turned in before you can attend a play date! Forms can be found in the office or online on the school website under Quick Links. A new one needs to be filled out every year. Upcoming dates are...

Upcoming dates are...

March 4th

April 1st

May 6th

June 3rd