

Cascade Ridge PTSA

HOWLER



VOL
09



"Life's most persistent and urgent question is,
"What are you doing for others?"

-Martin Luther King, Jr.

Calendar of events:

- 2 Spelling Bee
- 6-17 Eager Reader
- 10 Movie Night
- 11 Issaquah Food Bank Drive
- 20 No School Presidents Day
- 21-24 No School 2nd Winter Break

Cascade Ridge Spelling Bee 2023!

Come join the fun

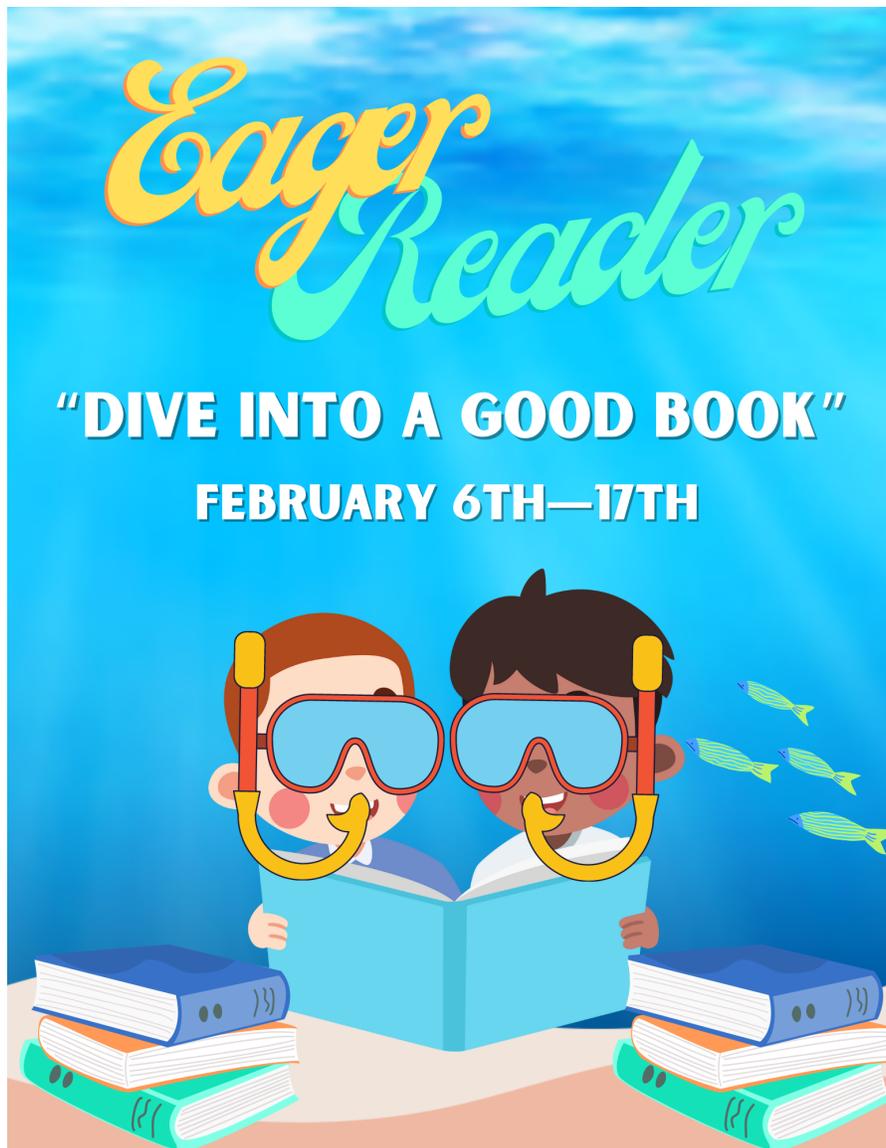
C O Y O T E S !



February 2nd
1st -3rd grade -4:30
4th & 5th grade -6:00

The Cascade Ridge Spelling Bee is almost here! Join the top spellers from each grade 1-5 as they compete for a chance to win it all in the school wide competition on February 2.

We are also looking for volunteers to help us make this event a blast! Sign up to volunteer [here](#).



We are excited to "Dive into a Good Book" with our Eager Reader program,

beginning Monday, February 6! This week, students will be coming home with packets containing all the information on how to participate. We are thrilled to present a new model for this wonderful literacy initiative, so make sure to review the materials in your student's folder! [Click Here](#) for more details.

Coyote Food Drive

ISSAQUAH FOOD & CLOTHING BANK

February 6-10

Please bring unopened/ unused items from this list:

- Peanut Butter: 16oz jars only
- Canned Tuna
- Canned Chicken
- Spam
- Hearty Soups (Progresso, Campbell's Chunky, etc...)
- Canned Pasta or Chili
- Hamburger Helper/ Pasta Roni/ Rice a Roni
- Snacks for Kid Lunches
- Shampoo
- Bar Soap/ Body Wash
- Ramen
- Pasta & Pasta Sauce
- Canned Fruit
- Cereal/ Oatmeal
- Protein Bars & Snack Bags
- Diapers (Sizes 5 or 6)
- Baby Wipes
- Incontinence Supplies: Male and Female
- Laundry Pods
- Toothpaste/ Toothbrushes

The Issaquah Food & Clothing Bank serves families all over our area by providing essential food and hygiene items to community members in need. We can't wait to include our families in this effort through our upcoming food drive! From the week of February 6-10, students and families may bring items to the box in front of school to donate. We will also be collecting at Movie Night on February 10. When shopping, please remember to bring items from this list, as IFCB has very specific needs and can only accept these items.

Please consider taking the time glance through this list and donate, as IFCB supplies are lower this month and the community needs are at a high. Thanks for supporting our community, Coyotes!

**CASCADE RIDGE PTSA
PRESENTS**

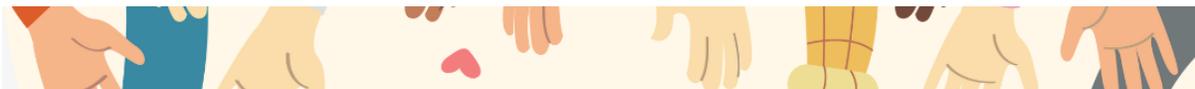
Puss in Boots: The Last Wish

**FRIDAY, FEBRUARY 10 6-8 PM
IN THE COYOTE CAFE
CANDY & DRINKS FOR SALE
FREE POPCORN!**



Join the PTSA for our next Family Movie Night featuring Puss in Boots: The Last Wish. Popcorn will be provided for everyone with candy, snacks and drinks available for purchase (cash only). We'd love to have help in making this event a success! Sign up to volunteer [here](#).

*This is NOT a drop off event, so students will need to bring a grown up to enjoy the movie too! (Grown-ups will be asked to sign in with their students)





Want to get more involved in the PTSA next year or just want to hear more?
Please contact the Nominating Committee by
emailing nominatingcommittee@cascaderidge.org if you're interested in hearing
more about these positions or any other roles for the 2023-2024 school year!
We are happy to answer any questions. A conversation does not equal a
commitment so please don't hesitate to inquire!





Our Heritage Festival is in May 2023!
Families love this chance to share their cultures and traditions with our school community. We already have representatives signed up for:
Norway, Canada, Cuba, England, Egypt, Chile, Vietnam, the Netherlands, China, Morocco, Colombia, Mexico, Indian culture, Philippines and Pakistan!

If you are interested in hosting a table, please fill out [this form](#).

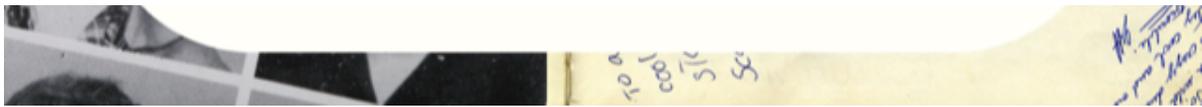
It's Yearbook Time!

Yearbooks will be on sale for \$25

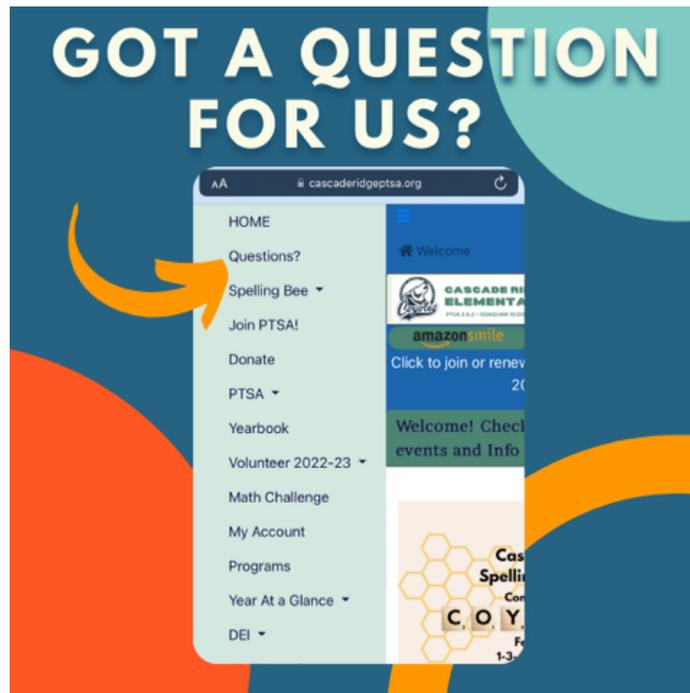
The Yearbook is a collection of memories accumulated throughout the year to capture moments that document and celebrate our time together.

Classmates will sign each others yearbooks in June to create a fun keepsake of the year.

Order now to take advantage of early bird yearbook pricing!



Order yearbooks [here!](#)



Do you have a question you'd like us to forward to Ms. Sehlin on your behalf? Is there a question you have for the PTSA or one of our programs? Please head to our website and click on "Questions?" for a chance to be heard. Questions may remain anonymous and will be forwarded for you, but if you'd like a response, please include your email address. Someone from our PTSA board will make sure to get back to you!

PRINCIPAL CHAT WITH MS. SEHLIN





Thank you to those who joined us
and sent in questions!

Click on the link below for a
recap and helpful links!

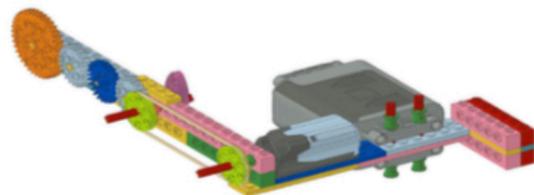
On January 30, Ms. Sehlin joined families for a virtual chat about all things Cascade Ridge! She spent a portion of her morning answering questions about campus security, photos and planning for class sizes in the fall. Check out this [document](#) for answers to the questions asked and links to resources Ms. Sehlin referenced where parents can get more information on the topics discussed.

CASCADE RIDGE ELEMENTARY

AFTER SCHOOL STEM CLASS

WINTER 2023

DAY		TUESDAYS
DATES		1/31 - 3/21 (SKIP 2/21)
WHEN		3:45 - 4:45
GRADES		K - 5 TH
WHERE		ROOM 263
COST		\$245



MECHANICAL ENGINEERING

All new builds and lessons!

LEGO® Mechanical Engineering class from LEAP4Kidz™ offers an integrated STEM class curriculum, as well as history, language arts, and team decision making to children using LEGO® bricks and motors. This is a hands-on class where students will build and design working machines with Lego and receive an introduction to levers, gears, pulleys and more using batteries and motors! Emphasis on models teaching principles of physics, engineering, invention and innovation.

REGISTER AT: WWW.LEAP4KIDZ.ORG

Click on In-Person classes and choose your school and class

LEAP4KIDZ™ offers students an integrated STEM curriculum using Project Based STEM lessons including Structural Engineering, Mechanical Engineering, Robotics, Code, Digital Design, and Art.

Classes are hands on and team oriented to develop problem solving and critical thinking while building cooperation and social-emotional skills. Each class has a unique lesson, project based activity, vocabulary and challenges for students to apply.

Designed to teach principles of:

- Science
- Technology
- Engineering
- Math
- Physics
- Programming
- Critical Thinking
- Problem Solving
- Fine Motor Skills
- Social Cooperation
- Imaginative Play
- Teamwork



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There are still spots left in the Leap4Kids After School Enrichment Program.
Register [here!](#)

I ♥ MATH

MATH CHALLENGE

CHALLENGE 8 IS UP!

SOLUTIONS ARE AVAILABLE FOR PAST CHALLENGES!

Visit cascaderidgeptsa.org for links to the challenge

Math Challenge #8 is up on the website! Check out the solutions to previous challenges [here](#).

**ISAAC L.
AYAT M.
DIEGO S.**

CONGRATULATIONS ON ADVANCING TO THE STATE COMPETITION!

NATIONAL PTA REFLECTIONS

Congratulations to Isaac, Ayat and Diego for being selected as district



Stay warm and dry through the winter rain and let Smith Brothers take one thing off your list with their home grocery delivery service! Sign up to receive Smith Brothers Farms on your doorstep this season and get \$15 off your first order. Use code CASRIDPTSA to activate your discount.

[Check it out here!](#)



DID YOU KNOW?

When you **Step Up for Kids** you fund programs & resources from **STEM, the Arts, and Classroom Enrichment Grants at Your School?** Watch our impact videos to learn more!



Did you know ISD ranks 203rd out of

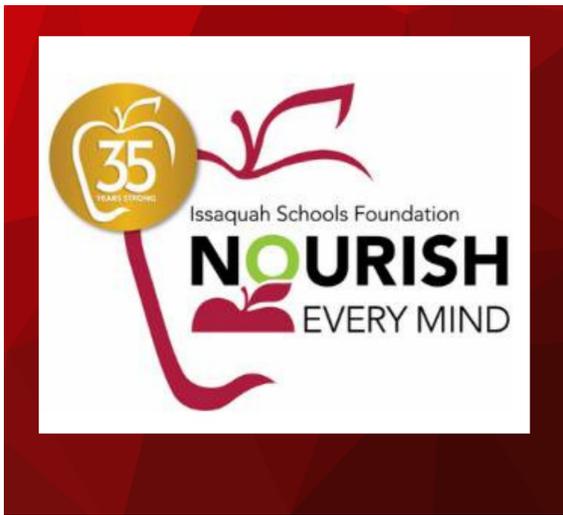
winners in the annual PTA Reflections program. These coyotes' artistic submissions are now being considered at the state level for a chance to advance to the national competition. We are so proud of you!

And, a special thanks to our wonderful PTSA Reflections Chairs, Meetu and Shanna for all their hard work in coordinating this program at Cascade Ridge!

Looking for a way to remove the winter sludge? Grab some Brown Bear Car Wash tickets and get your car nice and clean to start out 2023! You can purchase 1 ticket for \$10 or **save** by grabbing a pack of 5 for \$47 or 10 for \$90.

[Order Here](#)

Did you know? The funding gap between the 314 Washington districts in terms of funding per student? That gap is partially covered through local bonds and levies, but also through the generosity of our community in supporting ISF and local PTSAs. The Issaquah School Foundation's Fall Step Up For Kids fundraising campaign is coming to a close and we need your help! Learn more about this program [here](#) and take a moment to listen to Superintendent Tow-Yick shared her perspective on the importance of supporting ISF in this [video](#).



Issaquah Schools Foundation's spring fundraising event is back and we're returning it to where it all began! Save the date for April 27 at the Issaquah Community Center to learn about the inspiring ways ISD students are impacted by community donations to ISF. Interested in being involved? Email infor@isfdn.org for more details.

KNOWLEDGE SAVES LIVES
NEARLY 85% OF CAR SEATS AND BOOSTER SEATS ARE MISUSED, RESULTING IN REDUCED EFFECTIVENESS

Car crashes are the leading cause of death for children 1 to 13. While you may already know the safest place for your youngest passengers is in the back seat—in a car seat, booster seat or seat belt—correctly choosing the right restraint may not be as simple as you think.

DID YOU KNOW?

- Every year, on average, more than a third of all kids under 13 killed in car crashes are not properly buckled up or in a car seat.
- Using car seats reduces the chance of infant and toddler fatalities by 71% and 54% respectively.
- Every year, on average, more than 100,000 children under the age of 13 are injured in traffic crashes involving cars, SUVs, vans, and pickups.

IS YOUR CHILD IN THE RIGHT CAR SEAT?

The Sammamish Police Department has two certified Child Passenger Safety Technicians who can help you get your child properly restrained in the correct seat, and make sure that seat is properly installed in the vehicle. Contact Officer Sawtelle below to schedule an appointment.

TO MAKE AN APPOINTMENT SEND AN EMAIL TO
CHRIS.SAWTELLE@KINGCOUNTY.GOV

SAFE KIDS
WORLDWIDE

PTSA WEBSITE

You are receiving this email because you are the parent of a student at Cascade Ridge Elementary.

Our mailing address is:

Cascade Ridge PTSA
2020 Trossachs Blvd. SE
Sammamish, WA 98075

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

