

Cascade Ridge Elementary

PTSA – Before and After School Enrichment Classes



ART * Music/Keyboard* YOGA* Mandarin Chinese * LEGO® Jr. Engineering

Registration closes 4 days before the first date of each class

CLASS	Grade Level	Instructor	Day	Class Time	Location	Class Dates	Tuition
YOGA - M	3rd-5th	Welke Teaching Team	Monday	2:55-3:55	Stage	10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7	\$ 140
MUSIC / KEYBOARD	K-3rd	Keiki Music	Monday	2:55-3:55	Room 141	10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30	\$ 189
LEGO Jr. Engineers	1st-5th	LEAP4KIDZ	Tuesday	2:55-3:55	Room 141	10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24	\$ 189
ART	K-5th	Museo Art Academy	Wednesday	12:45-1:45	Room 141	10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 11/25, 12/9	\$ 199
MANDARIN CHINESE	1st-5th	Sonia Lee	Thursday	2:55-3:55	Stage	10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 12/10, 12/17	\$ 160
YOGA - F	K-3rd	Welke Teaching Team	Friday	7:15-8:15	Stage	10/23, 10/30, 11/6, 11/13, 11/20, 12/4, 12/11, 12/18	\$ 140

ATTENTION PARENTS: Class are for all skill levels with no previous experience required.

All classes are held on the Cascade Ridge campus. Before school classes will dismiss students to their regular school classes. Student attending afterschool classes go directly to their enrichment class following their regular school day. Please pick up your students at the class location. Parents are welcome in the classes at any time. Coyote Club participants will be walked to their location by our instructor at the conclusion of class. There are no classes if there is no school (i.e. holidays, teacher in-service days, or snow). If school is released early due to weather, all afterschool activities will be cancelled. Tuition is 100% refundable (minus \$10 for administration costs) if you call to cancel **before the second class**.

After the registration deadline, please call before sending your child to a class they are not registered for, as the class may have been cancelled or rescheduled.

\$\$ Any student on free or reduced lunch qualifies for a scholarship. Scholarships are for a 25% reduced tuition on one class per quarter. Please call 425-449-9443 for details

Hosted by **Eastside Enrichment** a non-profit corporation

Cascade Ridge Elementary - Class Descriptions

YOGA – Mondays (3rd – 5th grade)

Yoga can help improve concentration and focus, strength, and coordination. By being creative, we will relate the story or character to the symbol of a physical posture. Students soon become creative with their images and create their own stories that they attach to postures. We have music and we have fun. There are times we slow down and listen to our breath and just learn to relax, a valuable life skill. Ms Welke and her team have enjoyed many years of practicing yoga and teaching children the skills at their pace in a safe and supportive environment.

YOGA – Friday (K – 3rd grade)

Yoga can help improve concentration and focus, strength, and coordination. By being creative, we will relate the story or character to the symbol of a physical posture. Students soon become creative with their images and create their own stories that they attach to postures. We have music and we have fun. There are times we slow down and listen to our breath and just learn to relax a valuable life skill. Ms Welke and her team have enjoyed many years of practicing yoga and teaching children the skills at their pace in a safe and supportive environment.

MUSIC/KEYBOARD - Keiki Music Group Keyboard program – Musicianship development (K-3rd)

Through a variety of activities in each class the students become independent musicians. In addition to playing the keyboards, the children will be involved in drumming and dance to nurture their rhythmic development, singing to nurture their tonal development, and echoing patterns to nurture their aural development. This program will prepare student for future piano study as well as other musical adventures the future holds! More information on our website – [Eastside Enrichment.org](http://EastsideEnrichment.org)

MANDARIN CHINESE (1st – 5th)

In the beginning class, students learn the Mandarin language, Chinese culture, and festivals through songs, picture cards, movements, interactive games and fun origami making. They will learn four basic tones, words, and phrases including numbers, colors, shapes, animals, fruits, time, dates and parts of the body. Children will practice greeting each other, answering simple questions as well as writing basic Chinese characters. Prizes will be given in every class with oral homework signed by the parents to reinforce their speaking skills. Students in the advanced class will continue to build on their language skills as well as conversational Chinese

ART ACADEMY– Drawing and Painting (K – 5th Grade)

Students will complete a series of age-appropriate exercises designed to develop and hone their fundamental drawing skills. They'll then learn a variety of techniques specific to watercolor and acrylic painting. With these newly gained skills, they'll explore art elements and utilize design principles to create finished compositions. The class will be taught by the Museo Art Academy. Their goal is to cultivate creative confidence and individual expression in each and every student. Providing knowledgeable and respectful guidance and support.

LEGO® – JR Engineers – Leap4kidz (1st -5th grade)

LEGO Jr Engineers class offers an integrated STEM curriculum including science, technology, engineering, math, as well as history, language arts, and team decision making to children using LEGO® bricks and motors. This is a hands-on class where students will build and design with Legos and receive an introduction to levers, gears, pulleys, and more using batteries and motors to bring their creations to life!

Online Registration at EastsideEnrichment.org

Eastside Enrichment

a non-profit corporation

PO BOX 1556, Issaquah, WA 98027
425-449-9443, EastsideEnrichment.org
TAX ID 91-1921017

Eastside Enrichment Mail-In Registration Form

ATTENTION!! PLEASE DO NOT SEND REGISTRATION TO CLASS OR SCHOOL OFFICE!!
Mail it to: Eastside Enrichment - PO Box 1556, Issaquah, WA 98027

Student's Name _____
School _____ Grade _____
Parent(s) Name(s) _____
Address _____
Email Address (PRINT CLEARLY) _____
Phone # (day) _____ (eve) _____ (cell) _____
Class(es) Requested: _____
_____ Amount Enclosed: \$ _____

Additional donation to assist student scholarships: \$ _____ (tax deductible)

Emergency Contact Name and Number - _____

Participant Release of Liability: As the person responsible for the above named child, I hold Eastside Enrichment, a non-profit corporation, not liable for any physical injury, loss, damage or other consequences that may arise or result directly from any activity or class in which my child may participate. I hereby assume all risk of liability for injury, loss, damage or other consequences. I understand that I am responsible to have accident and medical insurance coverage for my child.

_____ ART RELEASE: I give permission for my child's art project s to be used for promotional purposes of the Eastside Enrichment Organization.

_____ **I agree to pick up my child at the stated ending time for each afternoon class and that I will be billed \$25.00 for every 15 minutes after that time. OR Initial below if your child returns to daycare after class.**

_____ Initial if student participates in on-site daycare.

_____ Initial if you do NOT want your child's picture in class activity posted on our website.

Parent/Guardian Signature /Date

Tuition Information: Tuition is 100% refundable (minus \$10 for administration costs) if you call to cancel **before the second class**. No exceptions.