Cascade Ridge PTSA 2.6.2

May, 2016



COYOTE HOWLER

May Events

May 2nd - 6th: Teacher Appreciation Week

May 3rd: Caring Coyotes Club at 3:!5p

May 6th: Student Council at 7:45a

May 6th: Parent Play Day; Popcorn Friday; Coyote Gear Day

May 10th: Dine with Cascade Ridge at Hop Jack's Klahanie

May 10th: 1st Grade Concert at 6:00p

May 13th: Safety Patrol Appreciation Day

May 19th: Coyote Art Walk at 6:00p

May 24th: PTSA General Membership Meeting at 8:30a

May 30th: No School -Memorial Day

PRESIDENT'S LETTER

An Ode to Cascade Ridge Moms...From Your Students

Thank you mom for bringing me to school,

For framing my art and just being cool.

Thank you for volunteering in this classroom of mine,

And for coming to parent play day in the rain or shine.

Thank you for helping me do my school work - especially math,

And leading me down the 'wright riting' path.

Thank you for talking to my teacher calmly even though you're mad,

About something I did or something I said that was kinda bad.

Thank you for donating money to the PTSA

Because they do good things for our school in so many a way.

Thank you for all you do - cuz you do a lot

To help me and my school be the cream of the crop!

Needless to say, all that we accomplish this year would not have been possible without the wonderful moms (and dads) in our school community. On behalf of Cascade Ridge students, Happy Mother's Day!

STAFF APPRECIATION WEEK

May 2nd - May 6th



We are thankful and grateful for the awesome staff we have a CRE. Let's show them how much we appreciate all they do! PTSA has planned some fun activities for the staff but we need your help to make them happen. Participation is optional.

Monday – Bring a Thank You card or note for your teacher and staff member

Tuesday – Bring in school supplies to help the teacher and staff member finish out the year

Wednesday - Wear your teacher's favorite color

Thursday – Pamper your teacher and staff member with something fun to make them feel special

Friday – Treat day! Bring your teacher and staff member a special treat or a small thank you gift

Don't forget to reference the staff's "Favorite Things" link found on our PTSA website to help you throughout the week.

http://cascaderidgeptsa.org/Page/TeacherFavorites/Main

COYOTE ART WALK

Join us for the Coyote Art Walk on Thursday evening, May 19th from 6 - 8 P.M. Our theme is "Every Child is an Artist". The art docent program has worked diligently with our kids all year on artwork inspired by famous artists, so come out to see some of their amazing artwork on display. We will have

family activities; including an interactive passport through the art displays. We will be creating some make and take art projects; including paper sculptures inspired by Alexander Calder, water color paintings, and salt dough clay projects among other things. The kids that come to the Art Walk will also be able to help create two one of a kind art



installations for display in the school building. Desserts and treats will be served. We need volunteers to make this night a success. If you're interested in volunteering, please contact art walk chair Carrie Tulloch: <u>carrie.tulloch@gmail.com</u>, Leah Chambers: <u>leah@leahchambers.com</u> or Jackie Mueller: <u>jackie.mueller1@comcast.net</u>

Thank you!

CASCADE RIDGE MOVIE NIGHT

What's playing at our next Movie Night Friday, June 3rd?



Cascade Ridge Family Movie Night Survey Survey closes May 20th so don't wait to cast your vote!

PARENT ED

There are several parent education opportunities available to us in the month of May. I've included everything offered by the district, regardless of targeted age audience, since I know many families have kiddos at several schools. Here is what is out there for you:

Screenagers (film documentary), privately sponsored* (for parents and teens)

Thurs, May 5th 2016, 7:00-9:30pm at the Issaquah High School Theater

A film documentary about growing up and parenting in the digital age. Watch the trailer at: http://www.screenagersmovie.com/

This showing is privately sponsored by:

Reisha Holton, One on One College Essays

Dr. Maria Elena Lara, Ph.D, Clinical Psychologist

Kara Neary, Educated Choices College and Career Counseling

Kirsten O'Malley, Pacific Learning Academy

Dr. Bizzy Riley, Naturopathic Physician

In partnership with IHS PTSA

Paper Tigers (film documentary & panel discussion), co-sponsored by Issaquah Schools Foundation & Issaquah PTSA Council (for parents of grades K-12)

Mon, May 16th 2016, 6:30-9:00pm at the Issaquah High School, Black Box Theater

"Exposure to chronic and adverse stress (and the altered brain function that results) leaves a child in a fruitless search for comfort and escape from a brain and body that is permanently stuck in flight or fight. That comfort comes in the form of drugs, cigarettes, alcohol, sex, food and more." This documentary takes a look at how Adverse Childhood Experiences (ACEs) affect teenage behavior, and how parents, school staff and community members can use positive behavior to reinforce societal norms and expectations. Watch the trailer at: http:// www.papertigersmovie.com/ . Before and after the film, Issaquah School District personnel will discuss real statistics in Issaquah schools, and how even divorce affects our kids behaviors, and our own community efforts to positively influence classroom learning experiences for all students.

Guiding Your Teen on the Bumpy Road to Independence, speaker Kathy Slattengren, M.Ed., sponsored by Skyline HS PTSA (for parents of grades 7-12)

Tues, May 17th 2016, 7:00-8:30pm at the Skyline HS Library

How do you balance trying to keep teens safe while also allowing them increasing freedom? How do you let your teens learn from their mistakes? Please join us for an engaging discussion on helping your teens grow into adults who can thrive on their own.

SCIENCE FAIR 2016

Thank you to the Cascade Ridge students, teachers, exhibitors and the PTSA for making the Science Fair 2016 a success.

The fair kicked off with a Scientific Show titled "Super Cool Science Show" by Pacific Science Center which captured the imagination of our student's young minds. It also laid the foundation for building ton of excitement in the students about science and how it touches our lives everyday in so many different ways.



We had a total of 280 Students who participated in the science fair with their creative and interesting experiments. Each experiment was explained to the judging team by our young scientists and based on that they were each awarded the blue ribbon in four categories...Terrific Topic, Dazzling Display, Magnificent Topic and Remarkable Result Award.

The student and the teachers voted for their favorite experiments under the following categories, we are really pleased to share the names of the following students who won under each:

Award	Grades 3-5	Grades K - 2
Coolest Display	Rylee Stevens	Mateo Olivestro
Most Unique Topic	Tanner Jones	Isha Patil & Olivia Kovach
Most Disgusting	Michael Roni	Kendall McCandlish
Most Useful In Everyday Life	Ethan Morrissey	John Rohleder
The Green Award	Megan Barrett	Lincoln Bloom

To make it a special event for the students, these awards were given out to the students at the fair in the evening in front of the parents and other fair attendees - really a proud moment for the students.

This year we had over 18 external exhibitors who made the evening session of the fair a great learning experience for our students and families. These exhibitors performed scientific experiments and demonstrated live animals to really engage audience of all ages.

In the end Science Fair 2016 turned out to be a well organized, learning and fun filled experience for everyone who was involved. A big thank you to the cascade ridge students and teachers for making this an important part of their learning.

This event would not have been possible without relentless efforts on part of the Science Fair committee members – Ajita Gopikrishnan, Anamika Malhotra, Carol Folkman, Kerri Shek, Laurie Jones, Michele Brady, Nathalie Fusaro, Shalini Sivakumar, Shilpa Sharma, Sonali Saraf and Sandhya Kumar and the PTSA for their unconditional support. A huge thank you to the volunteers and the families for showing up in large numbers and encouraging our budding scientists.

TALENT SHOW RECAP

Our amazing students performed at this year's talent show on April 27th and 28th. We are so lucky to be surrounded by such talent from all grade levels! Congratulations to the following students for an incredible performance: Aayush Talreja, Abbie Lacina, Albert Zhang, Alexis Hiefield, Alina Popovciuc, Alli Fusaro, Amatra Jagannathan, Anarghya Polisetti, Aubrey Wright, Ava Ebeling, Avery Clayton, Brooke Tedesco, Bryce Wang, Cayla Tran, Chloe Bortnick, Devin Satenberg, Drishti Sharma, Elsa Huber, Emily Shang, Emma Ferng, Eric Lyubarsky, Erica Tarlowe, Graham Hohman, Ishita Vig, Jordan McNees, Kaitlyn Chen, Keely Lanman, Kyle Wei, Lauren Chapman, Lex Martinkosky, Lindsey Kusmik, Lucas Srinivasan, Lucianna Colindres, Miah Chambers, Michael Lim, Mira Chithambaram, Olivia Kovach, Richard Yang, Ronak Kothari, Sarah Meehl, Sasha Huque, Shaan Brar, Shea Tulloch, Sienna Huntley, Swaraag Sistia, Taelin Marr, Tarana Bindal, Varnika Dokka, Veronica Lepekhina, Yashveer Brar

A special thank you to our Talent Show team and all the volunteers that stepped in to help make the Talent Show a success! We couldn't do it without you: Amy Ko, Angela Fischer, Angela Nicola, Arnuv Peri, Carol Folkman, Carrie Tulloch, Erinn Chapman, Eugene Lepekhin, Greg Hohman, Jackie Mueller, Jessica Tran, Jing Zhao, Kara Huntley, Kate Buis, Kelly Huber, Khristie Tobler, Kristy Bloom, Lara Buis, Leah Chambers, Megan Tedesco, Melanie Kusmik, Melissa Bortnick, Mia Fischer, Michelle Lyman, Nancy Burgus, Oxana Rimann, Priya Talreja, Sandy McNees, Stacey Koya, Stefanie Magnuson, Teresa Marshall, Vibhav Peri, Vicky Thind



MATH IS COOL RESULTS

Kudos once again to the Cascade Ridge Math Club!! It was the 4th graders this time!

The 4th Grade Math Club Students participated in the **Math is Cool Competition** on April 15.

We are proud to announce that Cascade Ridge Elementary earned a <u>**3rd place in Team</u>** <u>**competition**</u> out of the 9 schools that participated in division 1-B. Each of the 6 CRE teams had their own strengths, which earned them the 3rd place. We are very proud of all our Math Club students. Well done!</u>

Congratulations Ananth Krishnan, Emma Ferng, Jyotika Pathath, Li Cong Xie, Nakula Prabakaran, Varun Jayanth, Vasudha Ravivarma, Ronak Kothari, Nina Shetty, Shrihun Sankepally, Haolin Cong, Garrett Chen, Truman Lau, Yufei (Fiona) Li, Sreenija Stanam, Rayn Ramzi, Rishi Bhuthpur, Aran Pandey!!!

Special CONGRATULATIONS to the top scorers of CRE in the Individual Competitions, **Haolin Cong and Ronak Kothari.**

We are grateful to the amazing team of 4th grade coaches for their hard work, for encouraging the kids and for going above and beyond to make sure that every kid gets a chance to participate and perform to the best of their ability. Thank you **Coaches Elsa Curro, Jyot Kumar, Reham Shehata and Veena Rao** for taking the kids to a new level of understanding Math and for sharing your passion! Once again thanks to the chairperson **Kanika Arora** for coordinating the efforts of all the coaches.



MRS. PAULA AND HER SAFETY PATROL

Cascade Ridge is fortunate to have a team of dedicated Safety Patrollers. Our Safety Patrol team is a group of over forty 5th grade volunteers, lead by our incredible **Safety Patrol Advisor, Mrs. Paula Parks**. Their primary focus is helping the students of Cascade Ridge cross the streets, and arrive to school safely. While the rest of us are having breakfast, and getting ready for school, our Mrs. Paula and her team of Safety Patrollers are having their morning meeting, putting on their safety vests, and placing traffic-safety cones in their designated places. Through the rains, snow, winds, and cold temperatures, **Mrs. Paula** and her Safety Patrol team is there for YOU each and every morning, and after school, too. Everyday. Regardless of the weather!

AAA Washington and a panel of judges from the National Highway Traffic Safety Administration, the Office of the Superintendent of Public Instruction and the Washington Traffic Safety Commission select top patrollers from schools across Washington each year and honor their accomplishments through induction in the AAA School Safety Patrol Hall of Fame. Patrollers are judged on their commitment to traffic safety, citizenship, leadership skills, and contributions to their school safety patrol.



We are thrilled to that for the THIRD year, a Safety Patroller from Cascade Ridge, trained by **Mrs. Paula**, will be receiving this honor later in May. Mrs. Paula has had a member of her team win this award THREE times in the FIVE years she has been the Safety Patrol Advisor for Cascade Ridge! Along with this incredible recognition, Cascade Ridge is awarded \$500 to use toward the purchase of new Safety Patrol equipment. That is \$1500 of Safety Patrol funds Mrs. Paula has brought to the team over the past FIVE years!

In honor of Mrs. Paula's tireless dedication of training and mentoring, we would like to honor her and the entire Safety Patrol team on Friday, May 13. Be on the 'lookout' for Mrs. Paula and her crew on before and after school on Friday May 13, and say a hearty 'THANK YOU' to any patroller you see! Feel free to 'honk and wave', too! Let's really make our Safety Patrollers feel appreciated for all their hard work!!

LEADERS NEEDED

Leaders Needed! PTSA Volunteer Opportunities for 2016-2017 School Year



PTSA SPOTLIGHT – KRISTA GALE AND MELANIE CARBON

We would like to shine the spotlight on two of our ever-dependable volunteers who have enthusiastically supported PTSA events over the years - Krista Gale and Melanie Carbon.

In past years, both Melanie and Krista (separately) served as our Yearbook Chairpersons.

Krista has been part of the CRE community since 2012. She is a familiar presence at most PTSA events, taking photographs and staying on to help when most people have gone home. She is also a fabulous support in the classroom.

Krista also co-chaired the book fair. Thank you for all you do Krista!

Melanie Carbon has also been part of the community for many years, moving here from Australia in 2006. She is one of those people who is ready and able to help out when you need them. Her presence has a way of making things seem easier and more fun. Melanie has captured a host of memorable photos of our kiddos over the years and is very active in the classroom. We really appreciate all your dedication!

You both, in your unique ways, bring so much to this community. We are sad to hear that both families are leaving the state next year. You will both be missed. It will be very different not seeing you next year - and we wish you and your families the best in your new homes.

** If you would like to submit the name of a volunteer you feel deserving of this recognition, please email their name to Erinn Chapman <u>erinnmchapman@gmail.com</u>

The Gale Family



The Carbon Family



VOLUNTEERS NEEDED

Coyote Art Walk on May 19th

Volunteers are also needed for this year's Coyote Art Walk on Thursday, May 19th. We are looking for parents and also middle-schoolers to come spend a couple of hours and help out at this very fun event! If interested, please contact Carrie Tulloch: <u>carrie.tulloch@gmail.com</u>

Math Club Coaches

The 4th Grade Math Club Students participated in the Math is Cool Contest on April 15 and earned Cascade Ridge the award for 3rd place winners in division 1B. This is owed to the hard work and the learning that commenced when they joined the weekly classes of Math Club in 4th grade. This would not have been possible without the dedicated parent Volunteers who coach the Math Club and would be moving on as 5th Grade Coaches.

We are now looking for *coaches who will help coach the eager 4th graders of 2016-17* school year. If you would like more information or if you would like to shadow a Math Club Class, please contact the Math Club Chair Kanika Arora at <u>kanika</u>. <u>0810@gmail.com</u>.

SITE COUNCIL MEMBERS NEEDED

Are you interested in serving on Cascade Ridge's Site Council for the 2016-2017 school year? We are looking for a primary (K-2nd grade) parent representative and an intermediate (3rd – 5th grade) parent representative.

Site councils are intended to foster continuous improvement of the school's educational program, blend the values and perspectives of the community, staff, and students in school-wide decisions, and foster effective communication among all stakeholders in the school Sometimes decisions are made at Cascade Ridge that community members might wonder about or question. Site Council is a great avenue for community members to direct questions, provide feedback and have their concerns heard. Site Council consists of the Principal, Cascade Ridge Staff, a PTSA Executive Board representative and parent representatives for the CRE community. Site Council meets about 5 times a year. If you are interested in finding out more about Site Council please contact Jaime Foreman at jaimeforeman@comcast.net.

THANK YOU VOLUNTEERS

A huge thanks to **Michele Brady** for coordinating the Book Swap. Thank you Michele for your time and effort. It was during the first week of school after Spring Break and the coyotes went home with a smile and with a "new" book from their favorite series!

Thank you Jamie Foreman, Jen Belding, Karla Rager, Ana Malloy, Carol Folman and Kellie for helping with the popcorn corner on Popcorn Friday in April!

Thank you to all the parents who drove and helped coordinate the carpools for the 4th Grade Math is Cool competition on April 15. Thanks for your continued support and encouragement!

It is our endeavor to thank and mention by name all our hardworking volunteers every month. Sometimes we do not have all names of the volunteers who help out or might inadvertently omit to mention some volunteers. If you notice that, please do let us know and we'll make it right in the newsletter next month!

GLASSYBABY THANK YOU

Thanks to you we had a very successful "Glassybaby" sale at the Science Fair! Online sales total has come in and we sold an additional \$800. This brings our sales total to \$3,800! That gives our school over \$380 to benefit our kiddos! Thank you again for your support!!

JAMBA JUICE

Our Jamba Juice card sale was a huge success! Thank you to all the parents who bought the cards at the Science Fair and on the PTSA website! The Cascade Ridge PTSA earned \$365!

Enjoy your smoothies!



BOOK SWAP THANK YOU!

We had 220 students contribute almost 2,000 books!!!

Thank you Cascade Ridge families for your enthusiastic support of the 2nd Annual Book Swap! Gently used books were collected before school on Tuesday, April 19th. Students had fun hunting for "new to you" titles during second recess. Teachers were invited to choose titles for their classroom libraries and the remaining books were donated to local charities (Issaquah Food Bank and Eastside Baby Corner).



Special thanks to the students who donated more than 30 books each (Maggie Brady, Sophie Gehrett, Jacob Pryer, Russell Rager, Audrey Rodman, John Rohleder and Ryan Tobler) and to our Librarian, Zana Moore, for donating over 200 books from her personal library.

Many thanks to **Dean Jennifer Sehlin** and all the adult and student volunteers who made this event possible!

Adult Volunteers

Melanie Carbon, Jane Zhen Chen, Elizabeth Chiu, Elizabeth Donovan, Flavia Guimaraes, Kelly Huber, Christie Jucht, Michelle Lyman, Marloes MacRae-Oomes, Anne Miller, Kristen Miller, Ooma Palaniappan, Karla Rager, Shilpa Sharma, Khristie Tobler and Maria Velasco

Student Volunteers

Riley Carbon, Zach Carbon, Maggie Brady, Mary Brady, Michael Donovan, Sarah Donovan, Annalise Haines, Keely Lanman, Ava Miller, Lilly Miller and Sydney Ostrander

Keeping saving those books (K-6th grade reading level) and look for the Book Swap to return again next year!

DINE WITH CASCADE RIDGE AT HOP JACK'S

Tuesday, May 10th 5pm-9pm

Take the family out to dinner before or after their activities or stop by and

get take out on Tuesday, May 10th from 5pm-9pm at our local Klahanie

Hop Jack's!!

**Simply print this flyer or show it to your waiter/waitress on your

mobile phone so that Cascade Ridge can get credit for your order.**!

Cascade Ridge will receive 20% of all sales simply by showing this article.!

Mark your calendars now !!

DINE WITH CASCADE RIDGE AT ZEEK'S PIZZA

Monday, June 6th - All Day

Here's one last opportunity to not have to cook **AND** support Cascade Ridge PTSA!

On Monday, June 6th Zeeks Pizza in the Issaquah Highlands will donate 20% of sales to Cascade Ridge's PTSA. This offer is good **all day** and applies to deliveries, pickup orders and in-restaurant dining. There's no flier to give the staff at Zeeks...simply mention the Cascade Ridge fundraising event! So easy!



Mark your calendar and plan to take the day off from cooking!

5TH GRADE LUCKY STRIKE BOWLING BONANZA

After the Cast-off on June 14th, the 5th graders will hop on busses and head to Lucky Strike in Bellevue for a fun afternoon of pizza and bowling. We will load up on buses at 10:45 for 11:00 departure. The kids will get to bowl from 11:45-1:45 and return to school on the buses around 2:30 in time for regular school dismissal.



The cost is \$30 per student to be paid by <u>May 20th</u>. Fee includes \$25 for the entire party and \$5 for 5th grade staff gifts (Mr. Richey, Ms. Moore, office staff, etc.) You can pay by Pay Pal on the PTSA website or checks can be dropped off into the PTSA black box by the office:

Student's name and 5th Grade Party need to be written in the memo line on all checks.

Please note that students will be unable to join in the fun if their fee isn't paid.

Students will not need to bring any money to the party as everything is included in the \$25 party fee. Pizza and beverages will be served for lunch. Watch for a permission slip to come home with your child and get it sent back to school so they don't miss out!

FIFTH GRADE NEWS

Next Edition of 5th Grade News is coming early May!

1st and 2nd Editions of the Fifth Grade Newsletter are available on the PTSA website:

Click the "News" icon on the PTSA website

or bookmark this link: <u>http://cascaderidgeptsa.org/Page/Newsletter/5thGrade</u>

CASCADE RIDGE PTSA: WE'RE ONLINE, ALL THE TIME!

Did you know you can have school and PTSA events automatically added and updated into your calendar app of choice? Checkout the details at: <u>http://cascaderidgeptsa.org/</u> Event/ViewElsewhere (you'll need to be logged into your PTSA account.)

Another way to stay connected: "Like" us on <u>Facebook</u>! Get the most up to date information on all upcoming school and PTSA events, Spirit Days, late-breaking news and everything else relevant to our school community right in your news feed. If you like our page already but aren't seeing our news on your feed, make sure to check our page every Monday for new posts. Don't forget to tell your Cascade Ridge friends to like us too!

CALENDAR UPDATE

In an effort to ensure the school-year calendar is always current, we will not be printing it in the monthly Howler. You can always find the most up to date information on the PTSA Web site at: http://cascaderidgeptsa.org/Event/MonthCalendar



COME OUT AND PLAY!

Don't forget to join your student(s) on the playground throughout the school year! On the first Friday of each month, we invite all Dads (Moms, grandparents or other special guests too) to join us on the playground during recess. The kids love to see their loved ones during the school day. Visitors sign in at the front office, get a visitor's badge and then join your student outside for recess! Please remember to get your <u>Washington</u> <u>State Patrol Form</u> filled out. This must be turned in before you can attend a play date! Forms can be found in the office or online on the school website under Quick Links. A new one needs to be filled out every year. Upcoming dates are...

Upcoming dates are...

May 6th

June 3rd