



Coyote Howler

PTSA PRESIDENT'S MESSAGE

Welcome back from break! Hopefully many of you are planning on enjoying a quick start back into the school and community routine with plans to attend our Festival of Cultures evening at the school tonight! This is our second year of having this event, and it continues to grow in outreach and excitement for sharing the many varied cultures that make up our community of students, teachers, and families. I look forward to seeing a big group of attendees and host families; I know that everyone who comes will have a great evening and will leave with new understanding, education, and appreciation for many countries and cultures.

We all have something else with which we should be very appreciative and proud, and that is passing of the vital school levies on February 9th. Kudos and applause to everyone in our community who recognized the enormity and criticality of the need for these levies to be renewed by voting "yes" for all three levies. More thanks and gratitude go out to Susan Sansing, our Volunteers for Issaquah Schools Representative and Pat Sansing, our Legislative Representative who spent countless hours educating and spreading the word throughout the community to help in this important effort.

Please do not forget that our Nominating Committee is working diligently to fill the slate for our 2010-11 Cascade Ridge PTSA Executive Committee. If you know of anyone (including yourself) that would be interested and excited to be a part of our Board for the next school year, please contact anyone on the Nominating Committee (Deanne King, Diana Pugh, Diane Moore, Jaycee Cooper, Pam Gross, Stephanie Scott, or Susan Sansing). The PTSA provides many services and activities to the Cascade Ridge community, we have a lot of fun in the process, and we need your help to continue the great tradition!

Finally, the feeling of excitement is building as one of our most popular events of the year nears. It is our Science Fair and it's just around the corner on March 18th. This is a big event for kids and grown-ups and requires a lot of involvement from many people, so if you can find the time in your schedule to volunteer, this is a great (and rewarding) opportunity. Be sure to find more exciting details in this newsletter and on our website and I hope to see you there!

Have a great month!

Tina Yerges, PTSA President
tinayerges@msn.com

Calendar of Events

March:

- 3:** K'garten Reg., 2-6 pm
- 4:** K'garten Reg., 10-3 pm
- 5:** Dad's Day—Playground
Coyote Wear Orders due
- 8:** Love & Logic, 7-9pm, #1
- 10:** Full Day K'garten Lottery
K-Kids, 1:15
- 15:** Love & Logic, 7-9pm, #2
- 17:** Newcomer Coffee, 9:30
- 18:** Science Fair, 6-8 pm
- 22:** Love & Logic, 7-9pm, #3
- 24:** K-Kids, 1:15
- 29:** Spring Break Starts

April:

- 5:** School Resumes

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Editor: [Julie Anderson](#)
President: [Tina Yerges](#)

MARK YOUR CALENDARS



March 18, 6:00 - 8:00 pm

One week left to sign up! It's not too late ... you can still register for the science fair and order project boards before the March 5 deadline by going to the Science Fair website <http://cascaderidge.oursciencefair.com/SchoolHome.aspx> and clicking on "REGISTER" and "ORDER SUPPLIES." We encourage all students Kindergarten-5th to choose a science topic that interests them, and prepare a project for the fair. Your project does not need to be difficult or complicated. There are lots of ideas on the website about how to choose a topic, so check it out and sign up today!

Would you like to be a judge? We are still in need of several more judges and other volunteers to help make this year's science fair a success. Note that you do *not* need a science background in order to be a judge, and the judges from last year will tell you that it's a super fun and rewarding experience. Click on "VOLUNTEERING" for details, and please consider helping us out.

Upload your photos! We are really excited to be putting together a rockin' slide show of all our brilliant kid scientists, but we need your photos! So parents, while your little Einstein is busy blowing up the kitchen, put your panic aside and capture the moment first! Then "UPLOAD PHOTOS" to the website so we can include them in the show!



FAMILY BINGO NIGHT!



Spend a fun-filled Friday Night with the Family playing BINGO in the Coyote Café!

Friday, April 16th
6:00 to 8:00 pm

The Concessions Stand will be providing pizza, snacks and drinks available for purchase. Bingo Cards are \$1 each. Prizes for every winner! Watch for the registration flyers in late March.

To get involved or if you have questions contact Lora Wendl at 427-9184 or by e-mail at jlwendl@johnwendl.com. Come join the fun!

HELP MAKE A DIFFERENCE! IT IS NEVER TOO LATE TO JOIN PTSA!

Did you know that even if you missed the sign-up period at the beginning of school, you are always welcome to join our Cascade Ridge PTSA? If you have not yet joined and are not sure if you should, please take a look at the notes below. We hope this will make the decision easy for you to become a direct part of a continued success story in the lives of our children at school.

What is PTSA? The PTSA is a powerful voice for all children. Your membership adds to this voice when it comes to advocating for the education and well-being of EVERY child. When you join Cascade Ridge's PTSA, you join the Washington State PTA. This group speaks on behalf of children and youth before government bodies and other organizations that make decisions affecting children.

Why should I join Cascade Ridge PTSA? Joining Cascade Ridge PTSA makes you a member of this organization and gives you a voice in improving the education, safety, and health of your child on a local and national level. Check it out at: http://www.pta.org/pta_member_benefits.asp.

Do I have to commit my time or do something if I join? While our PTSA appreciates all volunteer efforts and attendance at general meetings and PTSA events, neither of these is required of our members. Paying for your Cascade Ridge PTSA membership simply shows your support of this organization and your advocacy of our community's children.

Where does the money for joining PTSA go? Most of the money goes directly back to the Washington State PTA in supporting the goals of this organization. They have committees working to secure adequate laws for the care and protection of our children and youth. They also work to bring the home and school into closer relations. Additionally, part of your membership fee pays for the Cascade Ridge PTSA Membership directory that every member receives.

Become a member today!! Download the membership form from our website <http://cascaderidgeptsa.org/> under "PTSA Membership" and return it to our PTSA lockbox inside the front entry of the school.



COYOTE COFFEE

Relax with a Cup-a-Joe

Wouldn't you like to have a steaming hot cup of coffee and a warm breakfast treat waiting for you after you drop the kids off at school? Well don't go home! Drive over and start your day off chatting with some new and old friends at our Newcomer Coffee.

March 17th 9:30 am
Jaycee Cooper's House
2013 265th Ave. SE
Trossachs

Whether you're new to Cascade Ridge and want to get connected or you've been around awhile and would welcome a chance to relax with a cup of coffee and chat, we welcome you to join us!

BAGS ARE BACK!



Back by popular demand! The Eco-Chic, Ultra-Fun reusable shopping bags are back! New colors, New sizes! PTSA will be selling the bags again with new Spring colors and two new sizes.

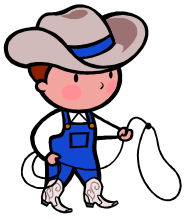
Look for information coming mid-March.

NEW COYOTE WEAR!



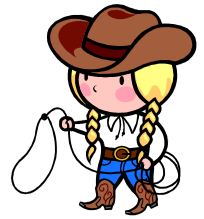
Don't miss out on the new looks for Spring! All new Coyote Wear is now available for purchase. Order forms came home on Monday, and are also available on the PTSA website. **All orders due by March 5th**. Items are on display outside the office by the PTSA lockbox.

Questions? Contact Lynette Springborn lspringborn@gmail.com or 765.7548.



Reminder!!

Kindergarten Roundup



Mark your calendars and tell your neighbors... it's time to round up kindergartners for the 2010-2011 school year. We will be open for registration on the following dates and times:

- **Wednesday, March 3, 2:00-6:00 pm**
- **Thursday, March 4, 10 am-3 pm**

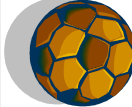
Again next year, we will offer both half-day kindergarten classes and a tuition-based full-day kindergarten class. The full-day class will be assigned based on the results of a lottery. All paperwork to enroll in the lottery will be available during the round-up and must be returned to school no later than 4:00 pm on Tuesday, March 9, 2010. The lottery drawing will be conducted at 2:00 pm on Wednesday, March 10. This drawing is open to the public and will take place outside the office. The first 20 students drawn will be placed in the class and any remaining students will be waitlisted for future openings. Our hope is to provide two full day classrooms.

In order to register a student for kindergarten, your child must be five years old by August 31, 2010 and you must bring the following information with you:

- Birth certificate
- Proof of residency (i.e., utility bill, driver's license - something that ties your name to your address)
- Immunization records
- Emergency contact information (who to call in an emergency if we're unable to reach you, name and phone number of an out-of-state contact in the event of a natural disaster, name and phone number of daycare, etc.)

Details are available at www.issaquah.wednet.edu. Click on:

- District
- Kindergarten Registration 2010



DAD'S DAY ON THE PLAYGROUND

Come join your child at recess!! The next Dad's Day on the Playground is **Friday, March 5th**.

LUNCH / RECESS SCHEDULE

Recess K/1: 11:00-11:25
Recess 2/3: 11:30-11:55
Recess 4/5: 12:00-12:25

Questions? Contact Lynette Springborn at 765-7548 or lspringborn@gmail.com



ISF UPDATES

Nourish Every Mind-What's All the Fuss About?

Curious about the **Nourish Every Mind** Luncheon? Find out why the Foundation's Luncheon is one of the most popular and well-attended social events of the year. Join us at **Nourish Every Mind 2010, Thursday, May 13** from **11:00 am – 1:00 pm** at the Issaquah Community Center.

Want to become more involved? Become a **Nourish Every Mind** Table Captain. Our first-ever **Table Captain Kick-Off Party** is **Thursday, March 18** at the District Office, so hurry and add your name to the list. Contact Michelle Weldon at mweldon@issaquahschoolsfoundation.org to add your name to the invitation list or to become a table captain.

Overwhelming Response to Call for Grant Submissions.

The dedication and commitment of ISD teachers and staff was evident by the number of Academic Enrichment Grant applications submitted this year. Sixty-one grant applications were received by the Foundation—divided almost equally between Kateri

Brow (up to \$10,000) and Classroom Enrichment (\$1,000 or less) requests. Winners will be announced in March. Check the Foundation website, www.issaquahschoolsfoundation.org/grants for more information.

Can You Give One Hour a Week to Change a Life?

Then the VOICE Mentor Program needs you. VOICE, a mentoring/tutoring program funded by the Foundation and the District, matches students in need with caring adults or high school students who can provide one-to-one academic and social support. Please contact Susie Gierke, VOICE Director at 837-7139 or voice@issaquah.wednet.edu to apply.

FREE After-School Homework Labs and Clubs are Here to Assist Your Student

Remind your student to use the Foundation's FREE After-School Homework Clubs and Labs at middle and high schools. Both offer teacher assisted tutoring in the core areas of math and science. Contact your school for its After-School Homework Club/Lab schedule.

ISSAQUAH SCHOOLS LEVY UPDATE



Thank you to all the voters who said **YES** to all three of our levies on Feb. 9!

Here's a brief recap of the results:

Voter turnout: 40%
Maintenance and operations levy: 65.68 %
Capital (critical repairs and technology) levy: 64.24%
Bus levy: 65.57%

Thank you to all of the community members, parents, staff, and students who worked on the VIS campaign! This levy passed because of all of your hard work and dedication to our students and our schools.



LOVE & LOGIC REGISTRATION DEADLINE MONDAY!

Did you know that **even great parents** take “*Becoming a Love and Logic Parent*”? If you’re looking for tips on some of the following, consider signing up for the series:

- Turn a strong-willed child into a leader with a strong sense of right and wrong
- Guide a child into becoming *completely responsible* for his/her own homework.
- Become a “consultant” parent who is thought of as wise, even by a teenager.
- Handle sibling rivalry.
- Avoid food battles with preschoolers
- Steer clear of the trap of entitlement: you can take steps *now* to avoid a 20-something child who lives at home and has a hard time keeping a job.
- Keep your child safe behind the wheel: how many years until he has a license?
- Smooth the transition into middle school.
- Turn a low achiever or late-developing child into a life-long, enthusiastic learner
- Get chores done without nagging.

Most “*Becoming a Love and Logic Parent*” facilitators

find that **the parents who enjoy their kids the most** will take the series twice while they’re raising their kids. Each new phase is an opportunity to apply the same principles in a slightly different way!

Becoming a Love and Logic Parent is a 7-session course, with 2-hour sessions (including an intermission) each containing 30 minutes of video clips by the founders of Love and Logic, parenting workbook exercises, supplemental printed information, small-group and whole group discussions. Expect lots of laughs as discussion centers around raising kids who are “respectful, responsible, and fun to be with.” Each week, you’ll leave with tips and tricks to bring the fun back into parenting.

Location: Cascade Ridge Elementary
Dates: March 8, 15, 22; April 5, 12, 19, 26
Times: 7:00 pm—9:00 pm
Cost: \$50 for PTSA members (bring a spouse, grandparent or nanny for free)
 \$70 for non-PTSA members

For registration information, visit the PTSA website. Questions? madelyn.jansma@live.com



PARENT EDUCATION OPPORTUNITIES



DATE	TIME	LOCATION	CLASS	CONTACT
3/2	7-8:30 pm	Beaver Lake M.S. Commons	Parenting the Digital Child	Laurel Shane, 392-1338
3/4	6:30-8:00 pm	Apollo Elementary	Taking the Stress out of Parenting	Debra Haton, 591-7277
3/15	7-8:30 pm	Clark Elementary Multipurpose Rm.	Battling Bullies Today	Katheryn Morgan, 770-8099, kathmore@hotmail.com
3/22	7-8:30 pm	Maywood M.S. Library	Internet Safety Seminar	Kimberly Montague, 277-1093, mkmontague@hotmail.com



READING TIP



Reading as a family-online

Looking for a good website that teaches the whole family about reading?

Try PBS KIDS raising readers. You'll find games and tips for ways to get your family reading together at <http://pbskids.org/read>

Another great site for the young reader is: www.starfall.com

- Pat Corra

The PTSA thanks the following volunteers:

- Diana Verrue and Erin Rooney for expertly chairing our second Festival of Cultures night and for bringing a little flavor of the world to Cascade Ridge.
- Lynette Springborn for our sunny February Dad's Play Day!
- Kellie Nadell for perfectly planning the Italian themed Staff Appreciation Lunch.
- Susan Sansing & Pat Sansing for all of their dedicated work related to passing the school levies.
- The Eager Reader program was a huge success this year! We would like to recognize & thank the fabulous volunteers who made this program possible by tallying all the minutes in each classroom and making sure the correct prizes were awarded. Betty Sure, Julie Gall, Lisa Hunt, Krystl McCandlish, Stacey Foreman, Lynn Barton, Monica Futtu, Tara Dail, Tracy Myers, Pheth Ko, Lynn Faciane, Kirsten Luehmann, Amy Simpson, Sam Ledet, Diane Moore, Judy Josey, Fern Wilson, Blake Harnick, Carmen Pong, Jeff Davis & Mariana Naslund. Thanks again to everyone who donated books last Fall and encouraged their children to read for the program. Keep up the reading! ~ Laura Fortner & Robin Zinga co-chairs

April Coyote Howler

The next issue of the Howler will be delivered **electronically** via Cascade Ridge E-News and posted to the PTSA website on **Friday, 3/26**. Email submissions must be made to howler@cascaderidgeptsa.org no later than **Wednesday, 3/24** at 5 p.m. Questions? Contact Julie Anderson at larsjulie@comcast.net.