



# Coyote Howler

## PTSA PRESIDENT'S MESSAGE

It's been a great beginning to the school year and we hope all the students have gotten back into the routine after an amazing summer and an impressive fall!

The PTSA wants to thank the community for your continued passion and support of the school through your support of the PTSA. We are still consolidating all the membership information that you quickly sent back, and all initial indications are that we will have another strong PTSA community at Cascade Ridge this year. Not all schools, even in the Issaquah School District, are as fortunate as we with our community involvement, and it is something to appreciate and cheer! Most of all, thank you to everyone who takes time to volunteer in any capacity on behalf of the children, whether being in the classroom, chairing or volunteering on a committee (or several – you know who you are!), attending our meetings and being an active participant in the organization, or through your financial donations via our active and passive fundraising efforts.

People are often surprised to hear of the many school programs and events that are funded by the PTSA so I try to communicate often about this. Here are just a *sampling* of programs the PTSA is proud to support: Arts & Sciences Enrichment and Teacher Grants where the teachers, individually, and at grade levels, determine how to best spend their allotment to expand and enrich our kids' learning opportunities; expanded reading and drama programs; Reflections; Destination Imagination; Science Fair; Eager Reader; K-Kids; Caring Through Sharing; Festival of Cultures, Fine Arts Night, and Dad's Day on the Playground.

As you have hopefully heard, we are just a couple of weeks away from our only major fundraising event of the year, our **Walkathon and Fall Festival**. If you haven't already, please mark your calendars for October 16<sup>th</sup> right after school. The committee has been hard at work pulling together an exciting kid and family event, and you will see some of our typical entertaining activities that have become a mainstay for our Walkathon, more of the yummy comfort "fall" food, and some new and exciting surprises!! We would love to have 100% participation of our kids this year and for you to make this a family event, so plan to have dinner with us. This will be a huge community undertaking and one where we can all be a part of something big! **There are more details, including participation permission, donation, and food and raffle preorder forms on our website at [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org) so feel free to check it out; you can pay for it all online if you like!** Please plan to donate and participate in all the fun and I hope to see you there!

Respectfully,  
Tina Yerges, PTSA President  
[tinayerges@msn.com](mailto:tinayerges@msn.com)

October 2009

## Calendar of Events

### October:

- 2:** Dad's Day—Playground
- 5:** Scarecrows accepted
- 8:** Food Allergy Seminar, Grand Ridge, 7-8 pm
- 9:** Walkathon Registration Deadline
- 12:** School Board Candidate Forum, PCFC, 7:00 pm
- 15:** Scarecrow deadline
- 16:** **Walkathon, 3:38-6:30**
- 19-30:** New Coyote Wear Sale
- 20-21:** ISF "Calling for Kids"
- 28:** K-Kids Mtg, 1:15 pm
- 29:** Reflections Deadline

### November:

- 3-4:** Conferences—No School
- 6:** Dad's Day—Playground

## Inside this Issue

Walkathon & Fall Festival	2
Programs	3
Programs (continued)	4
PTSA News	5
ISF / Community	6
Parent Ed / Thank you	7

Editor: [Julie Anderson](#)  
President: [Tina Yerges](#)



# Walkathon & Fall Festival

## Friday, October 16th

### 3:38pm - 6:30pm

### 2009 Walkathon & Fall Festival Kick-off coming on October 16<sup>th</sup> with a Live Appearance by our own *Cascade Ridge Hee Haw Band!*

Come join us at our *Grand Stand* at 3:38 as we kick off our 2009 Walkathon & Fall Festival! The air is crisp and tinged with the scent of turning leaves and the kids are finally settling into the rhythm of the Fall routine. This year's harvest celebration will be packed with festivities that will be sure to engage the *whole* family! Back by popular demand, the Fall Festival will include carnival games, chili dogs, prizes, balloon animals, caramel apples, free t-shirts, magic, tattoos, line dancing and more! We are also looking forward to some good-natured competition in the 5<sup>th</sup> grade pumpkin carving contest and the school-wide scarecrow contest. The kids may even spot some familiar faces in *cos-tume!* So plan on taking in the delights of the season with some homemade chili and cornbread and stick around as we auction off a fully loaded **X-Box!**

This is the perfect way to ease into the spirit of the new season and celebrate our school and community! Watch for your flyer or check out the Walkathon Webpage to register! **Donations, food orders, and raffle tickets can all be purchased online in a single transaction.** Check out the Walkathon Page at [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org).

### This is THE Fundraiser of the Year provided we meet our \$39,000 Goal! *Together we can do it!*

#### **Important Dates:**

- October 1:** Walkathon Packets Come Home!
- October 5:** Begin Accepting Scarecrows for Contest
- October 9:** **Deadline for Registration Forms!** Students who do not have a signed form will be sent home on their regular routine, no exceptions!
- October 15:** Deadline for accepting Scarecrows
- October 16:** Walkathon & Fall Festival, 3:38 - 6:30!

Have questions? Contact Cathia Geller, [cathia@cathiageller.com](mailto:cathia@cathiageller.com), 445-7046.



## Walkathon Classifieds!



- ☞ We need donations of caramel apples, candy corn, and tootsie pops.
  - ☞ We also need tables, canopies, and coolers for the day of the event.
- Please email Tina Yerges, [tinayerges@msn.com](mailto:tinayerges@msn.com) if you can help! Thanks!

# PROGRAMS



## KIWANIS K-KIDS CLUB

- Are you interested in learning about the needs of our neighbors who live in Sammamish, Seattle and foreign countries?
- Are you passionate about protecting the environment and animals?
- Do you want to work together with other students to help change our world through service?

If this sounds like you, we invite you to join us for the first meeting of Cascade Ridge's K-Kids Club on **Wednesday, October 28 at 1:15 in the Music Room**. K-Kids is a "student-led" service organization, sponsored by our local Kiwanis club, which meets approximately twice a month on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday's from 1:15-2:15. Parents and students are encouraged to attend this meeting to learn about K-Kids and share your ideas on who K-Kids should help this year.

K-Kids is open to all 1<sup>st</sup> - 5<sup>th</sup> graders. Come join or make new friends, learn to be a leader, and help change our world! A sign-up sheet will be sent home the week of October 5<sup>th</sup>.

For questions, contact Susan Sansing [susansansing@comcast.net](mailto:susansansing@comcast.net) or Lynette Springborn [lspringborn@gmail.com](mailto:lspringborn@gmail.com).



## NEW COYOTE WEAR! OCTOBER 19-30

We heard your request for white sweatshirts and pajama pants for both boys and girls, and we've got them! Coyote Wear sales will take place from October 19-30. This sale will include sweatshirts, pajama pants and military hats as well as a fun, new logo. Order forms will be coming home with your child on October 19th.

Questions? Contact Lynette Springborn, 765.7548 or [lspringborn@gmail.com](mailto:lspringborn@gmail.com) or Susan Sansing, 961.0651 or [susansansing@comcast.net](mailto:susansansing@comcast.net).

## PTSA REFLECTIONS ART CONTEST: BEAUTY IS....



All Cascade Ridge Students are invited to join in the fun of creating art for the PTSA Reflections Art Contest. Everyone who enters an original piece of art created by themselves is a winner at Cascade Ridge and will receive an award and prize.

Entry forms and rules are available on line at [www.wastatepta.org/programs/reflections/index.html](http://www.wastatepta.org/programs/reflections/index.html) or in the school lobby. **Entries are due on or before Thursday, October 29** in the Reflections box in the school lobby outside the office.

The Reflections Program is a National PTA and Washington State PTA cultural arts competition. The purpose of this program is to provide an opportunity for students to use their creative talents by expressing themselves through their own original works that support a specific theme. **The 2009 -2010 Reflections theme is: "Beauty is..."**.

Young artists get involved in Reflections through their local PTA or PTSA. A student may submit original works of art in any of six arts areas: Literature, Music Composition, Photography, Visual Arts, Film/Video and Choreography/Dance. Please see rules for details about each category.

Participation in Reflections is organized by student age and grade level. Student works are critiqued against others in the same grade division. This allows recognition and judging of artworks by appropriate developmental age and skill levels. The grade divisions are:

Primary: Preschool - Grade 2  
Intermediate: Grades 3 - 5  
Middle/Junior: Grades 6 - 8  
Senior: Grades 9 - 12

Entries are judged on creative ability and interpretation of the theme. The Reflections Program is structured for PTAs to recognize students at the local, council, state, and national levels.

# PROGRAMS (Cont.)

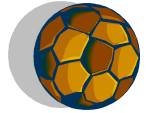


## GIFT-A-BOOK IS BACK!

Does your child have a birthday coming up? Is there a special occasion that your family would like to celebrate? Is this your child's final year at Cascade Ridge? What better way to honor your child and commemorate the occasion than to "Gift a Book" to the library! You will be accomplishing two goals, (1) you will be adding a book to our library collection and (2) you will be providing your child with an opportunity to give back something in celebration of his or her special day. To find out more information on how to "Gift a Book" to the library, please review the Gift-a-Book/Birthday Club information on the PTSA website, [www.cascaderidgeptsa.org](http://www.cascaderidgeptsa.org) and click on **PTSA Forms**. Choose a book and fill out the donation form (also located on the PTSA website) and we will take care of the rest.

If you have any questions, please contact Diane Moore [jndmoore@comcast.net](mailto:jndmoore@comcast.net) or Laure Runyan [lrunyan@isomedia.com](mailto:lrunyan@isomedia.com).

## DAD'S PLAY DAY



The first Dads' Play Day on the Playground for the 2009-2010 school year is **TODAY!** The next one is **November 6th**. If you have not already done so, please fill out the volunteer background check (on the Cascade Ridge PTSA website under forms) and send it in to the office or return it to your child's teacher. Due to space limitations in the lunchroom, we are asking that all special visitors sign-in at the table in front of the office, get a visitor's badge, and then join your special student outside for recess.

### LUNCH / RECESS SCHEDULE

Recess 4/5: 11:15-11:40

Recess K/1: 11:40-12:05

Recess 2/3: 12:05-12:30

Questions? Contact Lynette Springborn at 765-7548 or [lspringborn@gmail.com](mailto:lspringborn@gmail.com)



## 2009 HOLIDAY PROGRAM FOR FAMILIES IN NEED



**There will not be a separate Issaquah School District Holiday Program this year.**

If your family is in need of some extra assistance in terms of food, clothing and necessities, please contact your school nurse as soon as possible to obtain information on the **Issaquah Food Bank Holiday Program**. The Food Bank program fills up quickly so be sure to contact your school nurse before the end of October. School PTSAs desiring to participate in a **"Caring through Sharing"** program will receive their families to sponsor through the Issaquah Food Bank.

# PTSA NEWS

## RECAP: PTSA GENERAL MEMBERSHIP MEETING



We had a great turn out for our meeting on September 15, and if you were there, you know that we covered a lot of important information and business. If you were unable to attend, here is a quick recap of what you missed.

- Dr. Steve Rasmussen and Kelly Munn discussed the importance of the upcoming 3 levies up for vote in February. These levies are of huge importance to our kids in continuing to provide them with a first-rate public education, and given the demographics of our area, we need EVERY vote to pass these levies. <http://www.issaquah.wednet.edu/district/levy> has more information.
- Related to the levies, the general membership voted to endorse the levies.
- We reviewed the PTSA Mission Statement and Goals and Objectives and voted to approve them for 2009-10.
- We reviewed and discussed the budget with some recent updates and voted to approve the 2009-10 budget.
- We had reports from our chairs on some key upcoming events including the Walkathon and Reflections.
- We showcased multiple upcoming events and volunteer opportunities.

It was a busy, productive, and informative meeting, and at the end, we had DOOR PRIZES – too fun! If you'd like to join in the fun next time (and perhaps get a door prize) mark your calendar now for the next GM meeting on Thursday, January 28<sup>th</sup> at 9:30 am.

## REGISTER TO VOTE



The Issaquah School District will have three ballot issues on the February 9<sup>th</sup> ballot. If you have not registered to vote and would like to, you must do so by mail at least 30 days prior to the election or in person at the King County Elections Office at least 15 days prior to the election. To register to vote, you must be:

- A citizen of the United States
- A legal resident of Washington State
- At least 18 year old by election day
- Not presently denied voting rights by a felony

Go to [www.metrokc.gov/elections](http://www.metrokc.gov/elections) for information and forms in several languages on line. The ballots will be sent to your home address, so it will be easier than ever to vote!

## CHECK OUT OUR NEW LOCK BOX



Thank you to everyone who continues to help us make the transition to the use of our new black PTSA lock box. As you saw, this year you received two First Day Packets: one with the school forms and information and another with the PTSA related documents. Now and going forward, it is crucial that we keep school and PTSA business financially separate. It is so important that no staff should handle PTSA checks, and thus, if you are sending your children with checks for the PTSA, please direct them to place them directly in the secured lock box. If you haven't already seen it in the front entry of the school, be sure to check it out so you'll know where all PTSA-directed forms and checks should be deposited.



A big thank you to everyone who got as excited about the MixedBag Designs bags as we did!! We really just wanted to offer something new, exciting, and useful to our community and we had no idea how popular they would be. We have placed the master order and we hope to have the bags delivered to those who ordered them (via Kid Mail) by mid October. Be on the look-out and enjoy using (or giving) your eco-friendly bags!

# COMMUNITY



## ISF "CALLING FOR KIDS" NEEDS YOU!!

**Calling for Kids** is in full swing. All families were mailed personalized letters of appeal on September 18<sup>th</sup> and 21<sup>st</sup>. Please look for the red envelope in the mail and give generously! **Calling for Kids** donations help the district provide our students with the comprehensive 21<sup>st</sup> Century education they need for success in school and life. **This year's campaign goal is 100% participation.** If every District family contributes, the Foundation can raise over \$1.4 million for our schools. ISF is asking families to:

- ◆ **Join *Calling for Kids*** with a **\$50 donation**, a **\$5 per month gift via EFT**, or whatever they can afford.
- ◆ **Renew** and **if possible, increase their previous *Calling for Kids* support.**

High school students will call all families on October 20<sup>th</sup> and 21<sup>st</sup>. **To avoid a call, make your donation by October 5<sup>th</sup>.** Your name will be removed from the call list and included in a **Calling for Kids** appreciation ad in the Issaquah Press. Log onto [www.issaquahschoolsfoundation.org](http://www.issaquahschoolsfoundation.org) or call 425.416.2045 to make your donation today. Thank you!

### **PSAT Comes to High Schools**

This October 14<sup>th</sup>, all 10<sup>th</sup> and 11<sup>th</sup> graders will be able to take the PSAT test during the school day.

Thanks to a partnership between the Issaquah School District and the Issaquah Schools Foundation, parents no longer have to drag tired teens out of bed early on a Saturday morning to take the PSAT. For the uninitiated, the PSAT is a 'pre-test' to the SAT—the test most often used by colleges for admission. Students who take the PSAT receive valuable feedback about their academic strengths and weaknesses, registry with a Student Search Service that connects them to colleges across the nation, an approximation of their SAT score, and—for Juniors—entry into the National Merit Scholarship Competition. The fee for the PSAT is \$13. Students may pay online through Family Access or with their school's bookkeeper. ISF is providing scholarships to students who are eligible for free or reduced price lunch and to those whose families are facing financial difficulties. Parents are asked to contact their student's counselor for more information.

### **Shop for Issaquah Schools Foundation**

Did you know that you can support the Issaquah Schools Foundation every time you shop at amazon.com? Simply go to the ISF website at [www.issaquahschoolsfoundation.org](http://www.issaquahschoolsfoundation.org) and click on the apple icon to enter Amazon.com. ISF will earn up to 8% on every purchase you make. There is no cost or obligation to you, yet your purchases will automatically raise funds for ISF!

## **Important Event: School Board Candidate Forum**

**Date: Monday, October 12, 2009**

**Time: 7:00-8:00 p.m.**

**Place: Pacific Cascade Freshman Campus Commons**

Format: This is a forum and not a debate. Questions will be drawn at random and asked of individual candidates. There will be a two-minute time limit for each answer.

If you would like to ask a question of the candidates, please email those questions to Heather Gillette at [heathergillette@hotmail.com](mailto:heathergillette@hotmail.com). Questions are due by October 5.

Sponsored by the Issaquah PTSA Council

# PARENT ED



## PARENT EDUCATION OPPORTUNITY



DATE	TIME	LOCATION	CLASS	CONTACT
10/8	7-8 pm	Grand Ridge E.S. Commons	Food Allergy Seminar	Jessica Burles, <a href="mailto:grptsavpprograms@gmail.com">grptsavpprograms@gmail.com</a>



## READING TIP



What simple activity involves reading and math? **Cooking!** It's something you and your child can do together everyday. To make the most of it:

- ◆ **Take turns reading the recipe.** Ask your child to read the ingredients aloud while you collect them.
- ◆ **Let your child measure.** Set out measuring cups and spoons and teach your child how to use them.
- ◆ **Use math terms.** Say things like "We need to add sugar." "Let's divide that into quarters" or "That's half of what we need."
- ◆ **Make more, or less.** Take an uncomplicated recipe and double- or halve- it. Do the math together.

Have fun showing your kids the importance of reading everyday in many different ways.

Pat Corra, BEL teacher

### The PTSA thanks the following volunteers:

- **Laure Runyan** and all your volunteers for your hard work on the 1st Day Packets.
- **Kirsten Luchmann** for your expertise and added assistance with First Day Packet processing.
- **Pam Gross** for ordering and getting our new PTSA Lock Box up and installed at the 11<sup>th</sup> hour.
- **Klahanie QFC** for donating popsicles for our Popsicle Social.
- **Kellie Nadell** for all your help on the Staff Luncheon.
- **Laurie Bunnell** for coordinating the first Coffee with the Principal.
- **Andrea Nutt** and the volunteers who helped out at the Vision and Hearing Screening.
- All of our volunteers who assisted with Picture Day.
- **Laurie Bunnell, Deanne King, Mary Jo Webb, and Tina Yerges** for helping with the Popsicle Social.