

Grand Opening



Washington Shito Ryu Academy

At Cascade Ridge Elementary School

(206)432-9354

Practice Karate for Mind | Body | SPIRIT

Karate training develops Self-awareness, Self-Discipline, Concentration, Focus, and Determination.

Body: Improve stamina, strength, and overall physical health and fitness.

Spirit: Build a strong, confident, and determined character

Mind: Positive mental attitude, and a sense of accomplishment.



TIME	<i>Beginning January, 2019</i>
3:45-4:45pm	<i>12 Week session; \$330.00</i>
Ages	<i>5yrs-12 yrs</i>

Classes are held each Thursday

Call 206-432-9354 or email to request a registration form
info@washitoryuacademy.com

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