



THE COYOTE CONNECTION

Parent Newsletter

Volume 7 Issue 03

March 17, 2011

Cascade Ridge Elementary School

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Sammamish, WA 98075

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DISTRICT NEWS

Special Education Parent Night Meetings - The Date has Changed For Maywood Middle
Due to a scheduling conflict Maywood Middle School date has changed!

Special Education Parent Night Meetings have been scheduled at all the middle schools throughout the district in March and April. It is an opportunity for special education parents at every level (Early Childhood through 21 years) to come have a conversation with the district's special education administrators (Marilyn Holm - Executive Director, Diane Roth – Asst. Director and Susan Wolever – Supervisor of Secondary Education). The meetings will be from 6:30 to 7:30 pm. Parents are welcome to attend whichever date/location is convenient.

March 24 th	Issaquah Middle School Library	April 25 th	Beaver Lake Middle School Library
April 11 th	Pine Lake Middle School Library	May 2nd	Maywood Middle School Library

Calendar of Events

March

9th-23rd	CogAT Testing-2nd Grade
17th	KIRO 7 Special Presentation on Bullying 10pm
21st	PLMS Visit- for 5th Grade attending PLMS in 2011/2012
24th	Science Fair 6-8pm
26th	Mixed Bag Orders Due
28th	BLMS Visit-For 5th Grade attending BLMS in 2011/2012
30th	Year book Orders Due
31st	5th Grade Concert 6:30pm

April

1st	Dad's Play Day
4th-8th	Spring Break—No School
4th-29th	Eager Reader
15th	Festival of Cultures 6-8pm
18th-28th	Spelling Bee
21st	Parent Preview of FLASH Curriculum-IVE 6pm
23rd	Parent Preview of FLASH Curriculum-IVE gam



FLASH & HIV/AIDS Curriculum Information Sessions for Grade 5 –**Briarwood, Cascade Ridge, Clark, Cougar Ridge, Endeavour, Grand Ridge, Issaquah Valley, and Maple Hills**

Your child's teacher will be teaching the district adopted FLASH (Family Life and Sexual Health) and HIV/AIDS curriculum during this school year. To allow you an opportunity to examine the instructional materials and view the videos that may be used, there will be two public viewings of the materials at Issaquah Valley Elementary Multi-Purpose Room on the following dates:

Thursday, April 21, 2011	6:00 pm
Saturday, April 23, 2011	9:00 am

At the appointed time there will an informal presentation with viewing of video(s). Curriculum staff and a teacher will be available to answer your questions.

FLASH Instruction:

Under the Federal Hatch Amendment of 1974, all sexual education instructional materials must be available for parent inspection. Parents have the right to exempt their child from sexual education instruction at any time. The public viewings provide a centralized opportunity to do so.

HIV/AIDS Instruction:

In recognition of the significant threat that the HIV/AIDS virus presents to the health of the people of our nation, the Washington state legislature passed the Omnibus AIDS Bill in 1988. This law directs local school districts to provide yearly instruction to students in grades 5-12 about the pathology and prevention of the HIV/AIDS virus. This is the twenty-second year of such instruction.

It is not necessary for parents to attend a public review session if they do not intent to exempt their children from HIV/AIDS instruction. The Washington State Omnibus AIDS law requires a parent to attend a public viewing session and review the materials before such an exemption may be requested or granted. Being familiar with the curriculum will enhance your ability to talk with your children about this serious health threat.

Session Location:

**Issaquah Valley Elementary School
555 NW Holly St.
Issaquah, WA 98027**

SCHOOL NEWS**Upcoming Concerts:****Fifth Grade - Thursday, March 31 at 6:30 P.M.**

The fifth grade students will be performing "A Musical Journey to Africa", which will incorporate drums, marimba, and voices. All of the music will be sung, performed, and accompanied by the students themselves, and will include elements of composition and improvisation.

Third Grade – Tuesday, May 3 at 6:30 P.M.

The theme of this concert will be "Music from the Pioneer Days." The students will sing, move, and play instruments to old American folk music.

5th Grade Visits to Middle School and 5th Grade Parent Orientation Nights

On **March 21st all 5th graders who will be attending Pine Lake Middle School** next year will be visiting the middle school campus with their teachers.

All parents of 5th graders who will be attending **Pine Lake Middle School** next year are invited to the 5th Grade Parent Orientation and Curriculum Night on **March 21** at 6:30 p.m. This evening is for **parents only** as students will visit during the school day.

On **March 28th all 5th graders who will be attending Beaver Lake Middle School** next year will be visiting the middle school campus with their teachers.

All parents of 5th graders who will be attending **Beaver Lake Middle School** next year are invited to the 5th Grade Parent Orientation and Curriculum Night on **March 28** at 6:30 p.m. This evening is for **parents only** as students will visit during the school day.

Cascade Ridge Says Thank you

To Kim Anderson and the wonderful 1st Grade Parents who provided the Staff a wonderful Baked Potato/Salad Bar Lunch on Tuesday.

AND

To Mike Merz at the Bellevue Club for donating tennis balls to our playground!

Thank you to you all!

Lost and Found

Please be sure to check the lost and found for any items your child might be missing. We will be donating any remaining items on Thursday, March 31st. Thanks!

A Word From Our Nurse on Strep Throat

Our school is experiencing a high rate of Strep throat cases. Here is some information to help you protect your family from this common bacterial infection.

Strep bacteria are spread by droplets from the nose or throat of an infected person. It is more common during the winter months when people crowd together indoors. School age children and children in childcare are most susceptible.

Common symptoms may include:

- Sore, red throat that is so painful swallowing becomes difficult
- Swollen, red tonsils dotted with white/yellow specks of pus
- Fever above 101°F
- Swollen glands in the neck and at the angles of the jaw

Sometimes there can be nausea, vomiting, and abdominal pain

Consult the doctor's office for any sore throat that includes any of these symptoms. Doctors can usually perform a Strep test right in their office.

What to do? Follow the guidelines for protecting yourself and others from communicable disease:

- Wash, wash, wash your hands!
- Use tissues for runny noses, and wash your hands after you're done.
- Cough and sneeze into your sleeve at the crook of your elbow.

Encourage/teach children to use these guidelines to protect themselves.

If someone in your family is diagnosed with strep:

- Make sure anyone who is prescribed antibiotics takes them as directed, and finishes the whole prescription.
- Do not return to work/school until after 24 hours of antibiotic treatment.

Use hot, soapy water—preferably your dishwasher, to sanitize dishes used by the infected person to prevent spread.

Please call the school to report any confirmed cases of Strep so we can send a letter out to your child's classmates.

**Karen Thies, RN
School Nurse**

Get Ready to Laugh!

Kid’s Poet Kenn Nesbitt is coming to our school for a family evening of poetry, jokes and fun!

Thursday, April 14th, 6:30pm

Discovery Elementary MPR

2300 228th Ave SE

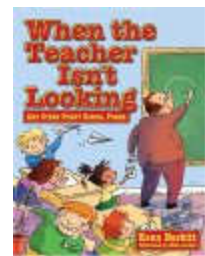
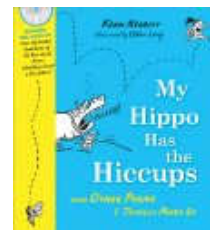
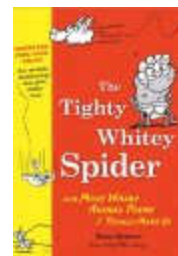
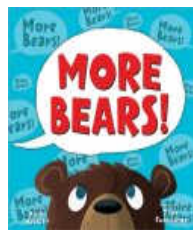
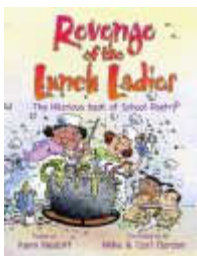
Sammamish, WA 98075

Want to get your kids excited about reading and writing? Let author Kenn Nesbitt show you and your children the thrill of funny poetry. Parents experience exciting, funny poetry, and learn how poetry can get their kids enthusiastic about reading and writing.

Please join us for an evening of laughter, literacy, learning, and more laughter with humorous children's author Kenn Nesbitt. Kenn will share some of his funniest works and even autograph books. Kenn's presentations include “a lot of singing, yelling, impersonations, and other vocal gymnastics.” It's guaranteed fun for kids and parents alike!

The following books will be sold at the family night:

\$9.00	\$10.00	\$13.00	\$10.00	\$18.00	\$9.00
Revenge of the Lunch Ladies (paperback)	The Aliens Have Landed at Our School! (paperback)	More Bears! (hardcover, full-color) – NEW!	The Tightly-Whitey Spider (paperback with audio download)	My Hippo Has the Hiccups (hardcover with audio CD)	When the Teacher Isn't Looking (paperback)



PTSA NEWS**Science Fair Countdown!**

Upload Your Photos - We are putting together a fun slide show composed of the photos that **you** submit. If your student would like to be included in the slide show take some photos of your young scientist in action and upload them at <http://cascaderidge.oursciencefair/UpoladPhoto.aspx> by **March 18th**!

Set Up Science Projects Wednesday, 3/23 - While the Fair is on the 24th, don't forget that projects are actually due on the **Wednesday, March 23rd**!

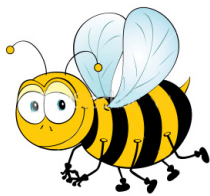
Project Set Up Schedule - Students set up their project displays in the gymnasium.

Wednesday, March 23rd 12:30pm - 3:00pm

Wednesday, March 23rd 5:00pm - 7:00pm

Call for Volunteers -

We are still looking for a few more volunteers on **March 23rd & 24th** -- both adults as well as responsible middle/high school students. If you are able to help or know somebody who can, please take a look at the volunteer schedule at <http://cascaderidge.oursciencefair.com/page.aspx?id=18> and email sciencefair@cascaderidgeptsa.org. PLEASE, PLEASE, PLEASE! We need more judges and help during event!

**Spellers Wanted!**

All Cascade Ridge students are invited to participate in the school Spelling Bee on April 18-28. For details about the event, wordlists to practice at home and to pre-register visit <http://cascaderidgeptsa.org/spellingbee>. Students will compete against other spellers from their own grade level. Questions? Contact Rajeev Goel or Bridget Salmick at spellingbee@cascaderidgeptsa.org.

Mixed Bags Still Available

Mixed bags are on sale though **Friday, March 26th**! If you didn't receive your catalog or have any questions please contact Mary Richardson, richardsonmary_j@hotmail.com.

Sample bags are on display outside the office.

**We need Sponsors for Japan!**

Our Festival is drawing near and we only have a few more weeks to cover the map of the world. ***We have no sponsors for Japan!*** With so much devastating news about Japan in recent days, our kids need to learn more about this ancient country and culture – something positive to empower them in the face of the ubiquitous images of devastation. Are you from Japan or have you ever lived or visited there? Did you know that most Japanese elementary school kids wear yellow caps? The Japanese language has more than 200 letters in the alphabet (that doesn't include 70,000 characters in Kanji!)! Did you know there are about 6000 islands in Japan?! If you are not from Japan, research it and share your findings like these and more fun facts, with the whole school!

The Festival is on **April 15th** and we can't do it without you! Pick a country you would like to learn more about and involve the kids; showcase your country of origin, its culture and food or work with other families to represent a country as a team. Questions? Or for more information about the FOC contact Cathia Geller (Cathia@cathiageller.com 425-445-7046) or Erin Rooney (roon888@msn.com).

**March Box Top Winner Announced**

Drake Chinn from Ms. Trudeau's class is March's Box Top Raffle winner. The Chinn Family has won their choice of prize: Mixed Bag product or a free Brown Bear Car Wash ticket, compliments of the CRE's PTSA. We thank the Chinn family and many others who loyally support the school by donating their **Box Top** labels and **Labels for Education**.

Brown Bear Car Wash

Car Wash tickets are always available for \$5 apiece. Please e-mail orders to Diana Verrue, dver-rue@gmail.com or look for me on Mondays on Parent Hill (I'm the one with the crazy rainbow swirly hat). Cash and checks are always welcome.

New Coyote Wear Coming Soon!

The new Coyote Wear featuring our new school colors, Skyline Green, Navy Blue and White, will be available soon. Look for information and announcements in the coming weeks from the PTSA communications and your student's classroom coordinator.

REMINDER - Parent Education Opportunity***Tune in Tonight! - KIRO 7 Special Presentation - Bullying: Breaking the Cycle***

Tune in to KIRO 7 tonight, **Thursday, March 17, at 10pm** to learn more about how bullying shows up in our community and how we can support our youth to treat each other with dignity and respect. As a follow-up, KIRO 7 is hosting a live chat with bullying prevention experts from Committee for Children on **Friday, March 18, at 12pm** on kirotv.com/bullying. Resources on where to get help and how to give help will also be available on kirotv.com/bullying after the broadcast.



Join a Cascade Ridge Tables at the ISF Luncheon!

If you haven't already heard, The **13th Annual Issaquah Schools Foundation Nourish Every Mind Luncheon** is coming up on **April 28th** (11:00-1:00) and it is the social event of the year in support of education! This luncheon, attended by some 900 parents, community leaders and corporate sponsors, provides much of the funds that will pay for our District's K-5 Science program, as well all other ISF programs and grants from which we all benefit. We already have a couple of tables being filled by our PTSA but we welcome any of you who would be willing to pull 10 people together to strengthen our school's presence at this critical event. Please consider joining us at this important event to hear firsthand how the Foundation is helping our students. You will see demonstrations from students and teachers and videos showcasing Foundation programs in action. For background information about the Foundation, visit <http://isfdn.org/> Questions? Or to reserve a seat at the Luncheon contact cathia@cathiageller.com or call (425) 445-7046.



Kids Artwork Needed for New Swedish Hospital in Issaquah

Swedish Hospital is offering a fun opportunity for students in the Issaquah School District to showcase their creations as long-lasting pieces of art at the new Swedish Issaquah Highlands facility to open later this year. The competition is open to children or young adults who live on the Eastside (**ages 5 to 18**). To learn more about this effort visit www.swedish.org/issaquahart. The Swedish Medical Center Art Committee will make their selections next month, with a **deadline for submission on April 11th**. Questions? Contact Cathia Geller at cathia@cathiageller.com or (425) 445-7046.